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</tr>
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</table>
# ATHLETIC DEPARTMENT DIRECTORY

*Phone Numbers Begin with 718-990 followed by the four-number extension.*

## EXECUTIVE STAFF

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
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<td>6138</td>
<td><a href="mailto:craggm@stjohns.edu">craggm@stjohns.edu</a></td>
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<tr>
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<tr>
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</tr>
</tbody>
</table>

## SENIOR ADVISORS

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>John Kaiser</td>
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<tr>
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<tr>
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<tr>
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</tbody>
</table>

## ATHLETIC COMMUNICATIONS

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stephen Dombroski</td>
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<td><a href="mailto:dombross@stjohns.edu">dombross@stjohns.edu</a></td>
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<tr>
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## ATHLETIC DEVELOPMENT
<table>
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<th>Name</th>
<th>Position</th>
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<th>Email</th>
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<tbody>
<tr>
<td>Christian Vaupel</td>
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<tr>
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</tr>
<tr>
<td>Name</td>
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<td>Phone</td>
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</tr>
<tr>
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<td><strong>STRENGTH AND CONDITIONING</strong></td>
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<tr>
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<tr>
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<tr>
<td><strong>STUDENT DEVELOPMENT FOR ATHLETES</strong></td>
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<tr>
<td>Dr. Nancy S. Kaplan</td>
<td>Associate Provost/Student Development for</td>
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<tr>
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<tr>
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</tr>
<tr>
<td>Christine McCarton</td>
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</tr>
<tr>
<td></td>
<td>Team</td>
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</tr>
<tr>
<td>Catherine Lynch</td>
<td>Assistant Coach, Dance Team</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>Head Coach, Cheerleading</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name</td>
<td>Position</td>
<td>Phone</td>
<td>Email</td>
</tr>
<tr>
<td>-----------------------</td>
<td>-----------------------------------------------</td>
<td>---------</td>
<td>----------------------------</td>
</tr>
<tr>
<td>Courtney White</td>
<td>Band Director</td>
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<tr>
<td><strong>TICKET OPERATIONS</strong></td>
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</tr>
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</tr>
<tr>
<td>Danny Bethea</td>
<td>Volunteer Assistant</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mickey Bassett</td>
<td>Director of Player Development</td>
<td></td>
<td></td>
</tr>
<tr>
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<td>Senior Secretary for Varsity Coaches</td>
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<tr>
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</tr>
<tr>
<td>Mike Anderson</td>
<td>Head Coach</td>
<td>6225</td>
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<td>TJ Cleveland</td>
<td>Assistant Coach</td>
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<td>Van Macon</td>
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<td>Steve DeMeo</td>
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<tr>
<td>Will Bartlett</td>
<td>Director of Player Development</td>
<td></td>
<td></td>
</tr>
<tr>
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<tr>
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<tr>
<td>Paul Pressey</td>
<td>Special Assistant</td>
<td></td>
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</tr>
<tr>
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<tr>
<td><strong>WOMEN'S BASKETBALL</strong></td>
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<td>Phone</td>
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<td>-----------------------</td>
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<tr>
<td>Boris Vaksman</td>
<td>Assistant Coach</td>
<td>5027</td>
<td><a href="mailto:vaksmanb@stjohns.edu">vaksmanb@stjohns.edu</a></td>
</tr>
<tr>
<td>Oleg Brusilovsky</td>
<td>Assistant Coach</td>
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<tr>
<td>Mal Galletta</td>
<td>Head Coach</td>
<td>2058</td>
<td><a href="mailto:gallettm@stjohns.edu">gallettm@stjohns.edu</a></td>
</tr>
<tr>
<td>Ambry Bishop</td>
<td>Head Coach</td>
<td>2558</td>
<td><a href="mailto:bishopa@stjohns.edu">bishopa@stjohns.edu</a></td>
</tr>
<tr>
<td>Jason Miller</td>
<td>Head Coach</td>
<td>5599</td>
<td><a href="mailto:millerj1@stjohns.edu">millerj1@stjohns.edu</a></td>
</tr>
<tr>
<td>Dan Paccione</td>
<td>Assistant Coach</td>
<td>6305</td>
<td><a href="mailto:pacciond@stjohns.edu">pacciond@stjohns.edu</a></td>
</tr>
<tr>
<td>Terry Mangan</td>
<td>Assistant Coach</td>
<td>1689</td>
<td><a href="mailto:mangant@stjohns.edu">mangant@stjohns.edu</a></td>
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<tr>
<td>Brendan Gibson</td>
<td>Director of Lacrosse Operations</td>
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<tr>
<td>Matt Hanley</td>
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<tr>
<td>Dr. David Masur</td>
<td>Associate Athletics Director/Men's Soccer Head Coach</td>
<td>6197</td>
<td><a href="mailto:masurd@stjohns.edu">masurd@stjohns.edu</a></td>
</tr>
<tr>
<td>David Janezic</td>
<td>Assistant Coach</td>
<td>2098</td>
<td><a href="mailto:janezicd@stjohns.edu">janezicd@stjohns.edu</a></td>
</tr>
<tr>
<td>Kathy Lally</td>
<td>Senior Secretary for Varsity Coaches</td>
<td>6747</td>
<td><a href="mailto:lallyk@stjohns.edu">lallyk@stjohns.edu</a></td>
</tr>
<tr>
<td>Ian Stone</td>
<td>Head Coach</td>
<td>6163</td>
<td><a href="mailto:stonei@stjohns.edu">stonei@stjohns.edu</a></td>
</tr>
<tr>
<td>Jen Bethea</td>
<td>Assistant Coach</td>
<td>5622</td>
<td><a href="mailto:leavertj@stjohns.edu">leavertj@stjohns.edu</a></td>
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<tr>
<td>Amy Marron</td>
<td>Assistant Coach</td>
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<td><a href="mailto:marrona@stjohns.edu">marrona@stjohns.edu</a></td>
</tr>
<tr>
<td>Brittany Anghel</td>
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<tr>
<td>Kathy Lally</td>
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<tr>
<td>Bob Guerriero</td>
<td>Interim Head Coach</td>
<td>6149</td>
<td><a href="mailto:guerrier@stjohns.edu">guerrier@stjohns.edu</a></td>
</tr>
<tr>
<td>Alyssa Tiumalu</td>
<td>Assistant Coach</td>
<td>7522</td>
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<tr>
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<td>6747</td>
<td><a href="mailto:lallyk@stjohns.edu">lallyk@stjohns.edu</a></td>
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<tr>
<td>Jim Hurt</td>
<td>Track and Field/Cross Country Head Coach</td>
<td>6159</td>
<td><a href="mailto:hurtj@stjohns.edu">hurtj@stjohns.edu</a></td>
</tr>
<tr>
<td>John McCree</td>
<td>Assistant Coach, Throws Coach</td>
<td>6158</td>
<td><a href="mailto:mccreej@stjohns.edu">mccreej@stjohns.edu</a></td>
</tr>
<tr>
<td>Aliann Pompey</td>
<td>Assistant Coach, Sprints &amp; Hurdles Coach</td>
<td>5707</td>
<td><a href="mailto:pompeya@stjohns.edu">pompeya@stjohns.edu</a></td>
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**SOFTBALL**

**TRACK & FIELD/CROSS COUNTRY**
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<thead>
<tr>
<th>Name</th>
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<tr>
<td>Tom Farrell</td>
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<td>Eric Shrick</td>
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<td>Rodney Wiltshire</td>
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<td>Matt Cola</td>
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<tr>
<td>Eric Schrick</td>
<td>Assistant Coach</td>
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<td><strong>MEN'S TENNIS</strong></td>
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<tr>
<td>Dillon Pottish</td>
<td>Head Coach</td>
<td>631-741-3778</td>
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<tr>
<td>Frank Russo</td>
<td>Assistant Men's Tennis Coach</td>
<td></td>
<td><a href="mailto:russof1@stjohns.edu">russof1@stjohns.edu</a></td>
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<tr>
<td>Richard Sipala</td>
<td>Assistant Men's Tennis Coach</td>
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<td><strong>WOMEN'S TENNIS</strong></td>
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<tr>
<td>Lauren Leo</td>
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<tr>
<td><strong>VOLLEYBALL</strong></td>
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<tr>
<td>Joanne Persico</td>
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<tr>
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<tr>
<td>Bryan Weber</td>
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<tr>
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<td>6747</td>
<td><a href="mailto:lallyk@stjohns.edu">lallyk@stjohns.edu</a></td>
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June 18, 2019

Student-Athletes, Parents & Guardians:

Thank you! Thank you for your full commitment to being on the St. John’s athletics team and being a vital part of our family culture here in Queens, NY. This is a special place and we are glad you decided to make this your home as well. Please know that our coaches, athletics administrators, and staff are here to help support your efforts on and off the playing surface. We are here to provide an opportunity for you to grow and achieve academically, athletically, and in the community.

This Handbook is designed to be a tool to help familiarize you with our athletics department and the resources available at St. John’s. Please review it ... and keep it in a safe place to pull out for future reference. If you are reading this in a printed format, please also know it is available online at www.redstormsports.com.

We are all excited for a great year ahead at St. John’s where we “Expect to Win” every day.

Again, THANK YOU, and if there is anything I or my family can do to help you during your time at St. John’s, we are here to serve, and please do not hesitate to reach out via email, call or text. My contact information is below.

Go Johnnies!

Mike Cragg
Director of Athletics
St. John’s University is Catholic, Vincentian, and Metropolitan.

As a university,
We commit ourselves to academic excellence and the pursuit of wisdom, which flows, from free inquiry, religious values and human experience. We strive to preserve and enhance an atmosphere in which scholarly research, imaginative methodology; global awareness and an enthusiastic quest for truth serve as the basis of a vital teaching-learning process and the development of lifelong learning. Our core curriculum in the liberal arts and sciences aims to enrich lives as well as professions and serves to unify the undergraduate experience. Graduate and professional schools express our commitment to research, rigorous standards, and innovative application of knowledge. We aim not only to be excellent professionals with an ability to analyze and articulate clearly what is, but also to develop the ethical and aesthetic values to imagine and help realize what might be.

St. John’s is a Catholic university,
Founded in 1870 in response to an invitation of the first Bishop of Brooklyn, John Loughlin, to provide the youth of the city with an intellectual and moral education. We embrace the Judeo-Christian ideals of respect for the rights and dignity of every person and each individual’s responsibility for the world in which we live. We commit ourselves to create a climate patterned on the life and teaching of Jesus Christ as embodied in the traditions and practices of the Roman Catholic Church. Our community which comprises members of many faiths, strives for an openness which is “wholly directed to all that is true, all that deserves respect, all that is honest, pure, admirable, decent, virtuous, or worthy of praise” (Philippians 4:8). Thus, the university is a place where the Church reflects upon itself and the world as it engages in dialogue with other religious traditions.

St. John’s is a Vincentian university,
Inspired by St. Vincent de Paul’s compassion and zeal for service. We strive to provide excellent education for all people, especially those lacking economic, physical, or social advantages. Community service programs combine with reflective learning to enlarge the classroom experience. Wherever possible, we devote our intellectual and physical resources to search out the causes of poverty and social injustice and to encourage solutions, which are adaptable, effective, and concrete. In the Vincentian tradition, we seek to foster a worldview and to further efforts toward global harmony and development, by creating an atmosphere in which all may imbibe and embody the spirit of compassionate concern for others so characteristic of Vincent.

St. John’s is a metropolitan university.
We benefit from New York City’s cultural diversity, its intellectual and artistic resources, and the unique professional educational opportunities offered by New York, Rome and other cities throughout the world where our students study and serve. With this richness comes responsibility. We seek and welcome opportunities to partner and plan with our metropolitan communities. We encourage them to use our intellectual resources and professional expertise in developing solutions that address strategic issues of mutual concern. On the local, state, national and international levels, our alumni serve as effective leaders and responsible citizens. We pledge to foster those qualities required for anticipating and responding to the educational, ethical, cultural, social, professional, and religious needs of a dynamic world.

Mission Statement of St. John’s University, New York
Approved by the Board of Trustees, March 13, 2008
ATHLETIC DEPARTMENT MISSION STATEMENT

In the Vincentian framework, the St. John's University Athletic Department is an environment where academic freedom, a spirit of inquiry and respect for each individual's worth and dignity prevail alongside intercollegiate and recreational sports. St. John's University provides students and athletes with preparation for lifelong learning, and service to others. The Athletic Department promotes diversity by welcoming men and women of different ages, races, religious beliefs and cultural backgrounds to participate in its activities.

Athletic Department personnel foster collaborative relationships with student-athletes in a nurturing environment that will enhance intellectual, ethical, spiritual, athletic and social development.

St. John's Athletics is committed to providing all student-athletes an equal opportunity to learn and be successful in an environment that promotes academic and athletic excellence.

The Athletic program operates within the spirit of the rules and regulations of the University and Athletic governing bodies, of which we are members.

St. John's Athletics is committed to ensuring that our programs are an enduring source of pride to our student-athletes, staff, alumni and University communities.

Athletics works in concert with other University departments to maximize: University brand awareness, student life programs, student recruitment and alumni cultivation.

In the spirit of the Institution's commitment to service, the department fosters an environment which promotes community support from our employees, student-athletes, and alumni to uphold our moral duty of helping others.

We are...St. John's!
UNIVERSITY CODE OF CONDUCT

The Student Code of Conduct shall apply to conduct that occurs on University premises, at University-sponsored activities and off-campus conduct. The Code applies to any setting wherein the student is present as a representative of St. John's University. Each student shall be responsible for his or her conduct from the time of application for admission through the actual awarding of a degree, even though conduct may occur before classes begin or after classes end, as well as during the academic year and during periods between terms of actual enrollment. The Student Code of Conduct shall apply to a student’s conduct even if the student withdraws from school while a disciplinary matter is pending.

The following behaviors do not meet the expectations of a student or student organization at St. John's University and are therefore considered violations of the Student Code of Conduct and are subject to disciplinary action:

Alcohol
The sale, use, distribution, consumption or procurement of alcoholic beverages on University premises is prohibited. The sale, use, distribution, consumption or procurement of alcoholic beverages for anyone who is under the age of twenty-one (21); being in the presence of alcohol on University premises; suspicion of alcohol intoxication; the use of false identification to procure alcohol. Students are expected to abide by all federal and state laws regarding alcohol.

Assault
Intentionally inflicting bodily harm upon any person; taking reckless action that results in harm to any person; or threatening by any means of transmission the use of force to harm or injure any person.

Civil/Criminal Law
Any student who is found responsible for any state, federal or municipal law may be subject to disciplinary action for said offenses.

Compliance
Failure to comply with the directions or requests of a member of the University community acting in the performance of his or her duties.

Compliance with Emergency Regulations
Failure to comply with specific emergency regulations and evacuation procedures for buildings on University premises.

Compliance with Student Conduct Process
Failure to complete the sanctions imposed on a student who previously participated in the student conduct process.

Complicity
Attempts to commit acts prohibited by the Student Code of Conduct or encouraging others to commit acts prohibited by the Student Code of Conduct may be addressed to the same extent as completed violations. A student may be found complicit if he or she is aware of a violation of the Student Code of Conduct.
Conduct and has the ability to report the violation, but fails to do so or fails to remove oneself from reasonable proximity of the violation.

Computing and Cyber Harassment
Using information and communication technologies as means of intimidation, harassment or unwarranted interruption. This includes, but is not limited to, email, social networking sites, the Internet, cellular phones and video recorders. The procurement and/or transmission of videos or photographs of another individual without his or her expressed permission are prohibited.

Core Values
Any conduct which is inconsistent with the Core Values of St. John’s University. Please refer to the Statement on Core Values for more information.

Damage to Property
Damaging property of the University or that of a member of the University community, a campus visitor while on University premises, or the property of a local resident.

Disorderly Conduct
Engaging in behavior that is destructive, dangerous, harmful, obstructive or disorderly. Conduct that is unreasonable in the time, place or manner in which it occurs.

Drugs
The use (or being in the presence of the use), possession, distribution or manufacturing of narcotic or dangerous drugs or any illegal or controlled substances, except as expressly permitted by law or those prescribed by a physician and kept in their labeled containers. Being in the presence of narcotic or dangerous drugs and/or illegal or controlled substances on University premises or off-campus is prohibited. Use, possession, distribution or the manufacturing of plants or chemicals to induce an altered state of consciousness is prohibited. Students are expected to abide by all federal and state laws regarding illegal or controlled substances.

False Information
Knowingly furnishing false information in any form to a member of the University community.

False Reporting of an Emergency
Intentionally making a false report of a bomb, fire, attack, or other emergency.

Fire Safety
Tampering with or misusing fire alarms or obstructing the functioning of fire alarms, fire exits, fire-fighting equipment, smoke/heat detectors and sprinkler systems on University premises. Additionally, causing or creating a fire; the use of all open flame devices such as (but not limited to): incense, candles, kerosene lamps, hibachis, and barbecue grills; the use of natural trees or wreaths; and the use of any and all fireworks.

Forgery/Fraud
Forgery, alteration or misuse of University documents, records or identification.

Gambling
Gambling in any form is prohibited on all University premises.
Harassment
Any behavior (verbal, written, or physical) that abuses, assails, intimidates, demeans, victimizes or has the effect of creating a hostile environment for any person.

Intimate Partner Violence
Intimate partner violence refers to any physical, sexual or psychological harm against an individual by a current or former partner or spouse of the individual. In addition, this policy includes any willful intimidation, battery or sexual assault committed by a family member, household member, domestic partner or intimate partner and is prohibited. This policy also includes harm against individuals in heterosexual and same-sex relationships, but does not require sexual intimacy between the individual and such partner/spouse.

Hazing
Hazing means an act that as an explicit or implicit condition for initiation to, admission to, affiliation with, or continued membership in a group or organization, (1) could be seen by a reasonable person as endangering the physical health of an individual or as causing mental distress to an individual through, for example, humiliating, intimidating or demeaning treatment; (2) destroys or removes public or private property; (3) involves the consumption of alcohol or drugs or the consumption of other substances to excess; or (4) violates any University policy. Individuals who witness hazing while not actively participating may be held accountable for their actions or inactions.

Keys
Unauthorized possession, duplication or use of keys or StormCards to University facilities.

Misconduct
Misconduct means any conduct which adversely affects the student’s suitability as a member of the academic community or which is inconsistent with the Mission Statement of the University. This includes, but is not limited to, suspicion of or admission to previous drug use; the possession of any type of paraphernalia analogous with the use, distribution or sale of illegal substances/narcotic drugs (i.e. scales, bongs, gutted cigars, rolling papers, pipes, glassine baggies, etc.); the possession on University premises of any type of paraphernalia analogous to the consumption of alcohol (i.e. beer bongs, keg taps, etc.); possessing alcohol containers on University premises.

Pets
All pets are prohibited on University premises with the exception of service animals previously approved through the standard accommodations process.

Retaliation
Retaliation for reporting any allegations of student misconduct is in itself a violation of the Student Code of Conduct. Incidents of retaliation should be reported to the Office of Student Conduct immediately.

Sexual Misconduct
Sexual misconduct can be committed by individuals of any gender, and it can occur between individuals of the same gender or different genders. It can occur between strangers or acquaintances, as well as people involved in intimate or sexual relationships. The consumption of alcohol or the use of illegal substances does not constitute a mitigating circumstance when it contributes to a violation regarding sexual misconduct. Sexual Misconduct includes the behaviors described below.
Sexually Inappropriate Conduct: Unwelcome sexual conduct that may not rise to the level of sexual harassment or sexual exploitation, but that is sexual in nature. Examples include, but are not limited to, posting or showing sexually explicit or offensive material; an isolated occurrence of obscene or sexually offensive gestures and comments; lewdness; exposure of one’s self to another person without that person’s consent.

Sexual Exploitation: Any act whereby one person violates the sexual privacy of another or takes sexual advantage of another who has not provided consent. Sexual exploitation also includes recording, photographing, transmitting, viewing or distributing intimate or sexual images or sexual information without the knowledge and consent of all parties involved, and observing others who are engaged in intimate or sexual situations without permission.

Sexual Harassment: Unwelcome sexual advances, requests for sexual favors and other gender-based verbal or physical conduct that is severe, persistent or pervasive enough to unreasonably interfere with an individual’s educational experience or living conditions. Sexual harassment also occurs when submission to or rejection of such conduct denies or limits someone’s ability to participate in or benefit from any University educational program or activity; or by creating an intimidating, hostile or offensive environment for another person.

Non-consensual Sexual Contact: Any intentional sexual contact with another person, however slight, that occurs without that person’s consent. This includes oral or genital contact not involving penetration; contact with the breasts, buttocks or genital area, (including over a person’s clothing); removing the clothing of another person without consent; or kissing without consent. Sexually touching another individual by the threat of force, or intentional contact of a sexual nature with a person who is incapacitated at the time, is also considered non-consensual sexual contact.

Non-Consensual Sexual Penetration: Any act of vaginal or anal penetration by a person’s penis, finger, body part, or an object without consent; or oral penetration by a penis without consent. Any such act involving force or duress, or that occurs with an incapacitated individual, will be deemed especially egregious.

Smoking
Smoking is prohibited in all University buildings. Smoking is prohibited outdoors within 30 feet of building entrances and open windows. Students must follow smoking regulations for all University premises.

Solicitation
Soliciting for donations, soliciting for business, advertising or selling items without receiving written authorization from an authorized member of the University community.

Stalking
Stalking refers to occasions where an individual willfully and repeatedly engages in a knowing course of conduct directed at another individual that reasonably and seriously alarms, harasses, torments or terrorizes the victim. Such behavior is prohibited regardless of the relationship between individuals. Any behavior or activity that places another individual in fear of personal harm and/or is intended to cause emotional distress to another individual may be considered stalking behavior.

Theft
Theft of property of the University or that of a member of the University community or campus visitor while on University premises or at University-sponsored activities. Theft includes taking, removal or retaining property from any campus location which is not immediately brought to the Public Safety Command Center.

University Facilities
The unauthorized entry to or use of University facilities including opening windows or locked doors to allow the entry or exit of unauthorized students or guests.

University Identification
The misuse or transfer of University identification, the StormCard. This includes (but is not limited to) transfer of the StormCard to use the meal plan; to gain entry to University buildings; or to use any of the accounts on the StormCard in order to procure University services. StormCards must be carried at all times on University premises. Lending a StormCard to anyone or failure to present it when requested by a member of the University community are considered to be violations.

University Name and Related Graphics
Students of the University, whether individually or collectively, shall not use the name of St. John’s University or the names of its units for any activity outside the regular work of the University without written consent of the appropriate member of the University community. The crest and seal of St. John’s University are exclusive property of St. John’s University. The use of the crest and/or the seal is prohibited except with the expressed permission of the Secretary of the University.

Weapons and Explosives
The University expressly prohibits on University-owned or controlled property or at University-sponsored functions the possession, display, use or distribution of any weapon to include any firearm (including air- or gas-powered firearms), pistol, revolver, shotgun, rifle, assault weapon, ammunition, explosive, firework, stun gun, switchblade and other automatic knife, and other deadly or dangerous weapons, such as are defined in NY Penal Law Article 265. This prohibition extends to imitation firearms and other objects that can be construed or used as weapons, and to items that pose a potential hazard to the safety or health of others; and unauthorized hazardous materials or chemicals. Exceptions to this policy, particularly for educational or performance purposes, must receive specific, written authorization from the Vice President of Public Safety.

Residence Hall Policies and Procedures
Resident students must also refer to the Residence Life Handbook from their campus for a specific list of policies and procedures with which they are to comply.

NOTICE OF NON-DISCRIMINATION

St. John’s University does not discriminate on the basis of race, color, national or ethnic origin, sex (including sexual harassment and sexual violence), sexual orientation, disability, religion, age, status in the uniformed services of the United States (including veteran status), marital status, status as a victim of domestic violence, citizenship status, genetic predisposition or carrier status in its programs and activities as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990
and the Amendments Act, Section 504 of the Rehabilitation Act of 1973, Title VI or Title VII of the Civil Rights Act of 1964, and other applicable statutes and University policies.

The following person has been designated to handle student inquiries regarding the Americans with Disabilities Act and the Amendments Act, the Rehabilitation Act, and related statutes and regulations: Dorothy Schmitt, Associate Director of the Counseling Center, Marillac Hall, Room 130, 8000 Utopia Parkway, Queens, NY 11439, 718-990-1482.

The following person has been designated to handle inquiries regarding the non-discrimination policies and to serve as the Title IX coordinator for purposes of overall campus compliance: Yael Wepman, Director of Employee Relations and Compliance, 8000 Utopia Parkway, Queens, NY 11439, wepmany@stjohns.edu; 718-990-2660.

The following person has been designated deputy Title IX coordinator for Athletics: Kathleen F. Meehan, Associate Vice President for Athletics/Senior Women’s Associate, 8000 Utopia Parkway, Queens, NY 11439, meehank@stjohns.edu; 718-990-6173.

The following person has been designated deputy Title IX coordinator for the Office of Student Life: Jackie Lochrie, Associate Dean for Student Services, 8000 Utopia Parkway, Queens, NY 11439, lochriej@stjohns.edu; 718-990-6568.

Inquiries concerning the application of anti-discrimination laws may be referred to the Title IX coordinators or to the Office for Civil Rights, United States Department of Education. For further information on notice of nondiscrimination, visit http://wdcrrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm for the address and phone number of the U.S. Department of Education office that serves your area, or call 1(800) 421-3481.

STUDENT-ATHLETE CODE OF CONDUCT

It is an honor and a privilege to be a student-athlete at St. John’s University. Student-athletes are expected to behave in a manner consistent with the mission of St. John’s University, and as a respectful member of an intercollegiate team.

As a student at St. John’s University, you are obligated to comply with University’s Code of Student Conduct, the Office of Athletics Code of Conduct, team rules, NCAA and BIG EAST Rules and Regulations. Failure to comply may be sufficient grounds for reduced or non-renewal of athletic financial aid, suspension, dismissal or other disciplinary action. The Athletic Department requires any student-athlete cited for any on or off-campus violation(s) to self report that violation to his/her Head Coach or sport administrator, within 48 hours.

Inappropriate behavior will not be tolerated. The failure to act responsibly may lead to dismissal from the team and may also lead to the cancellation of any athletically related aid. Student-athletes must represent St. John’s University in a manner that reflects the values of the Catholic and Vincentian mission.
Indefinite suspensions can be instituted in any case which an individual’s actions represent St. John’s University and its Athletics program in a manner inconsistent with this code of conduct.

Student-athletes need to adhere to all conduct policies including, but not limited to, the behaviors listed below.

1. **ALCOHOL POLICY**

   The sale, use, distribution, possession, consumption or procurement of alcoholic beverages for anyone who is under the age of twenty-one; being in the presence of alcohol on campus; public disruption due to intoxication or drunkenness; the use of false identification to procure alcohol; and the possession on campus of any type of beer keg or beer ball or similar paraphernalia analogous to the consumption of alcohol; possessing alcohol containers for decoration, trash disposal or redemption.

   Consumption of alcohol by athletes of legal drinking age is not encouraged or condoned by the Office of Athletics. Irrespective of an athlete’s age, excessive or abusive drinking at any time while enrolled in the University will be considered inappropriate and subject to disciplinary action. The consumption of alcohol by student-athletes on a team trip is not acceptable.

   A student-athlete who consumes alcohol, regardless of age, will be held accountable for any alcohol-related incident in which he or she is involved. In such cases, the student-athlete is subject to University, Athletic Department and/or team disciplinary action whether or not there are legal implications.

   The following infractions, regardless of age, are strictly prohibited and will be subject to severe disciplinary actions:
   - Consumption of alcohol by anyone under the age of 21
   - Consumption of alcohol in the company of recruits
   - Consumption of alcohol while representing the St. John’s University Athletic Department
   - Consumption of alcohol in department-issued St. John’s University athletic gear

2. **DRUG POLICY**

   Sale, use, possession, distribution or the manufacture of narcotic or dangerous drugs or of any illegal or controlled substances is strictly prohibited. Students are prohibited from the on-campus possession of any type of paraphernalia analogous with the use, distribution or sale of illegal substances/narcotic drugs (i.e. scales, bongs, gutted cigars, rolling papers, pipes, etc.).

   A student-athlete may be required to take a drug test at any time for random or probable cause. If a student-athlete refuses to promptly take the requested test, the refusal will be treated as a positive test result.

   Each student-athlete is required to review the banned substance list and sign the NCAA Drug Testing Consent Form prior to the first practice or other date as designated by the NCAA. Testing of student-athletes may occur at any time during the year, whether they are in-season or not. Any individual who tests positive for an NCAA drug test will be declared ineligible for further participation.

   The NCAA’s list of banned drugs is subject to change; however the current list can be found on [http://www.ncaa.org/health-safety](http://www.ncaa.org/health-safety). A first positive drug test in NCAA Drug Testing results in a one-year (365 days) suspension. All student-athletes are subject to year round NCAA testing in addition to testing at any NCAA Championship.

   Refer to the Office of Athletics Drug Testing Policy for further details.

3. **SPORTSMANSHIP AND ETHICAL CONDUCT**

   Student-athletes must adhere to such fundamental values as respect, fairness, honesty, civility, and
responsibility. Their actions shall at all times reflect the high standards of honor and dignity. Student-athletes are expected to behave in accordance with the BIG EAST Code of Sportsmanship. Reference the BIG EAST Code of Sportsmanship at www.bigeast.org.

4. POLICY AGAINST SEXUAL HARASSMENT AND DISCRIMINATION

The University abides by all applicable federal, state and local laws which prohibit discrimination on the basis of race, religion, color, national or ethnic origin, age, sex (including sexual harassment), sexual orientation, marital status, citizenship status, disability, genetic predisposition, or status in the uniformed services of the United States.

All University policies, practices, and procedures are administered in a manner that preserves its rights and identity as a Catholic and Vincentian institution of higher education. All members of the University community have an obligation to cooperate in the application of this policy and the investigation of complaints of violations to this policy. Sexual harassment includes unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature. The definition of sexual harassment will be interpreted and applied consistently with University policy, current legal standards, as well as standards of mature behavior, professional responsibilities, academic freedom and freedom of expression.

5. ACADEMICS

Academic integrity is expected of all student-athletes. Acts of academic dishonesty, such as plagiarism and cheating, are contrary to the intellectual and moral commitments of St. John’s University. Offenses are considered very serious matters and are handled through the Dean’s Office.

• Attendance at all classes is required of all student-athletes.

• Absence from class for practice purposes are not permissible and are against University and NCAA regulations.

• Withdrawal from a course must be preceded by the written permission of the coach and academic advisor, compliance, and the dean even during the off season of a sport. This permission is the only means of checking both on-going eligibility and academic progress.

• Student-athletes dropped from a course will be subject to possible loss of scholarship and/or dismissal from team.

• Absence from class because of competition: It is required that each student-athlete provide his/her professor with the team’s schedule, indicating the days when classes will be missed because of away competition. The form for notifying professors may be obtained through our Academic Support Program. It must be noted that whatever procedure is followed, this is not a request for an excused absence, but is simply a courtesy notification to professors that a student-athlete is being sent to represent St. John’s University in athletic competition.

6. TRAVEL POLICY

Each coach will provide their expectations related to dress code, curfews, itineraries and meal plans. Student-athletes traveling to and from University funded and/or sponsored competitions must travel with their team or be accompanied by a coach or staff member. The only exception to this policy is if the student-athlete is traveling with a parent or legal guardian. Any alternate travel must be approved by the sport administrator prior to the trip.

Student-athletes must adhere to the Office of Athletics Travel Policy, which can be found in the Student Athlete Handbook.
7. GAMBLING
The NCAA opposes all forms of legal and illegal sports wagering. Sports wagering has the potential to undermine the integrity of sports contests and jeopardizes the welfare of student-athletes and the intercollegiate athletics community. Sports wagering demeans the competition and competitors alike by a message that is contrary to the purposes and meaning of “sport”. Sports competition should be appreciated for the inherent benefits related to participation of student-athletes, coaches and institutions in fair contests, not the amount of money wagered on the outcome of the competition.

8. HAZING
Hazing of any kind will not be tolerated. Hazing includes any action that may produce physical or mental discomfort, personal degradation, embarrassment, ridicule or endangerment of a student or group of students.
Hazing includes active or passive participation in such acts and occurs regardless of the willingness to participate in the activities! Hazing creates an environment/climate in which dignity and respect are absent.

9. SOCIAL NETWORKING
St. John’s University student-athletes should be mindful of their use of social media. Students must refrain from posting inappropriate photographs or statements on their pages including, but not limited to, Facebook, MySpace, and Twitter.

10. DISORDERLY CONDUCT
Any student who engages in behavior that is destructive, lewd, dangerous, harmful, obstructive or disorderly may be subject to disciplinary actions. Conduct that is unreasonable in the time, place or manner in which it occurs may subject a student to disciplinary actions.

11. INSUBORDINATE BEHAVIOR
Fighting, verbal abuse, taunting, disrespectful behavior, foul language, or any form of misconduct will not be tolerated. Insubordinate behavior is not acceptable from a member of the St. John’s University Athletic Department. Student-athletes are expected to treat personnel, athletic facilities, team equipment, team lockers rooms, and University facilities in a respectful and a professional manner consistent with the University mission and Code of Conduct.

12. VIOLATION OF LAW
Student-athletes are subject to such reasonable disciplinary action as deemed appropriate, including suspension and expulsion, for breach of federal, state, or local laws or University rules or regulations.

13. OFFICIAL VISITATION POLICY
All student-athletes are required to adhere to the institutional policy in regards to official visits. This policy clearly outlines the regulations when hosting student-athletes. It is expected that host student-athletes will treat prospects with respect and dignity and will provide for an enjoyable and fulfilling official visit within the guidelines of the policy.

14. RESIDENCE HALL POLICIES AND PROCEDURES
The Office of Athletics expects your strict adherence to all policies found in the Residence Life Handbook. These rules and regulations should be followed at all times.

15. YOUR TEAM
Each Head Coach establishes his/her sport's standards. This will reflect what is expected of you as a student-athlete in your specific sport. Displaying sportsmanship, a positive attitude, being respectful at all times, and showing commitment to understand your responsibility within the team is
essential. The standards in your team’s code of conduct will address expectations specific to your team in terms of practice, class attendance, academic responsibility, punctuality, dress code and behavior on team trips, standards of behavior and discipline.

16. DISCIPLINARY PROCESS
Violations of the Student-Athlete Code of Conduct will be handled on a case-by-case basis, and the discipline imposed for a violation shall depend on the specific facts and circumstances of each case. The discipline process administered by the Department of Intercollegiate Athletics is separate and supplemental to the University’s discipline process which is handled by the Office of Student Conduct. Possible sanctions by the Department of Intercollegiate Athletics include warnings, reprimands, mandatory counseling, community service, probation, suspension from team activities, dismissal from the team, and revocation/reduction/non-renewal of athletically-related financial aid.

St. John’s University Athletics
Drug Testing Policy

PHILOSOPHY:
The abuse of alcohol and illicit use of drugs can be detrimental to the physical well-being of its student-athletes. Substance abuse by student-athletes jeopardizes athletic performance, and is contrary to NCAA regulations and the expectations of St. John’s University.

Per NCAA rules each student-athlete is required to review the banned substance list and sign the NCAA Drug Test Consent Form prior to the first practice or other date as designated by the NCAA. The NCAA Drug Testing Policy applies to all student-athletes. Testing of student-athletes may occur at any time during the year, whether they are in-season or not in-season. Any individual who tests positive for an NCAA drug test will be declared ineligible for further participation.

In addition, St. John’s Athletics has a drug testing program under the direction of the Drug Free Sports whose role is to coordinate all steps of the drug testing procedure. Drug testing will be conducted throughout the year. In addition, a student-athlete may be subject to testing at any time when, if there is reasonable cause to suspect the student is engaged in the use of any of the drugs prohibited by this policy.

In addition, all student-athletes are subject to team rules.

DRUG TESTING PROCEDURE:
The Department of Athletics may request all student-athletes to volunteer a urine specimen to be analyzed upon request at any time during the 12 month period, which includes pre-season. The student-athlete is notified by a member of the athletic training staff when to report for testing. The collection procedures are as follows:

College/University: Drug Free Sports Collection Procedures link:
https://documentcloud.adobe.com/link/file/?uri=urn%3Aaid%3Asc%3Aus%3Aa4532fb7-2cb4-4238-8bd7-19b8764e0296&type=application%2Fpdf&size=165417
ATHLETES WHO FAIL TO SHOW FOR A SCHEDULED DRUG TEST AFTER THEY HAVE BEEN NOTIFIED OR FAIL TO SHOW FOR MANDATORY DRUG COUNSELING ARE SUBJECT TO THE FOLLOWING:

1. Immediate suspension from all athletic related activities.
2. Second failure to report for testing will be grounds for suspension and additional sanctions.
3. Suspension until successful completion of testing and review of results.

*** Special circumstances will be considered for failure to show for testing or counseling

Prohibited banned substances:
Any prohibited drug/substance found in Article 31.2.3.1 of the NCAA Constitution and Bylaws, or any violation of Article 31.2.3.2 of the NCAA Constitution and Bylaws, as amended from time to time (the “Banned Drugs”), regardless of whether such Banned Drugs are prescribed or non-prescribed, legal or illegal, and any other controlled dangerous substance, may be tested for by St. John’s Athletics and/or by the NCAA. Included among those substances to be tested, without limitation, are amphetamines, cocaine, tetrahydrocannabinol (THC or marijuana) and anabolic steroids. In addition, each student-athlete may be subject to testing for the presence of any other drug prohibited by the NCAA or for the presence of any other controlled dangerous substance. Testing for the presence of Banned Drugs/Substances by the NCAA shall be in addition to, and not in place of, any testing done by St. John’s University.

ATHLETIC DEPARTMENT SANCTIONS ON POSITIVE TESTS:

First Positive Test
1. Director of Sports Medicine will notify student-athlete, University Physician, Athletic Director, Sports Administrator, Head Coach within 24 hours of a positive test result.
2. The University Physician will evaluate the test results and may recommend immediate removal from competition for any health related issues.
3. The Director of Sports Medicine will arrange for the student-athlete to meet with the University Physician, and the University Drug Counseling Center.
4. Re-testing will be performed randomly for the remainder of the student athlete’s eligibility.
5. A positive test will be followed by repeat testing on a case by case basis.
6. The Director of Sports Medicine will educate the student-athletes regarding the sanctions as well as future penalties associated to each positive test result.
7. Student-athlete may be subject to team suspension and/or disciplinary action which may include the loss of athletic related grant-in-aid.
8. Student-athlete is required to attend 3 scheduled meetings with St. John’s Athletics Counseling Consultant, Mark Armiento, and/or a member of the University’s Center for Counseling and Consultation (CCC). The Counselor Center and/or St. John’s Athletics Counseling Consultant will determine if additional meetings are necessary, either in or out patient.

Second Positive Test
1-7. Steps 1-7 are the same as a 1st Positive Test, (see above).
8. Student-athlete is suspended for 10 percent of the traditional season, from travel and competition.
9. Student-athlete is required to attend 3 scheduled meetings with St. John’s Athletics Counseling Consultant, Mark Armiento and/or a member of the University’s Center for Counseling and
Consultation (CCC). The Counselor Center and/or St. John’s Athletics Counseling Consultant will determine if additional meetings are necessary, either in or out patient.

Third Positive Test:
Steps 1-7 are the same as a 1st Positive Test (see above)
9. Mandatory 3 counseling sessions (minimum).
10. Student-athlete is suspended for one calendar year from travel and competition.

Drug Education resources:
• NCAA Sports Science Institute website (www.ncaa.org/sports-science-institute)
• Drug Free Sports AXIS website (www.drugfreesport.com/axis) password ncaa1, ncaa2 or ncaa3
• Drug Free Sports AXIS 877-202-0769
• St. John’s Center for Counseling and Consultation 718-990-6385 (Queens)
• Wellness and Education Prevention swell@stjohns.edu

NCAA HAZING PREVENTION IN COLLEGE ATHLETES
The Role of Student- Athletes in Hazing Prevention
What You Should Know
Hazing
• Has caused a team’s season to be cancelled at various NCAA institutions!
• Has caused a student- athlete’s institutional eligibility to be taken away!
• Has caused student –athletes to be arrested, because it is against the law in most states!
• Has caused student athletes to have to appear in the court system at their own expense!
• Has caused teams to be torn apart and fragmented!
• Has caused serious physical and psychological injuries, and even deaths!

Team Discussion Questions
1. What makes you feel accepted by your teammates and coach?
   Is it playing time?
   Is it being socially included at all times?
   Is it interest in you as a person from upper-class teammates, aside from being an athlete?
   Is it having your coach give you “the time of day”?
   Do you need to have your coaches and teammates talk to you off the field or court?
   Do you feel respect from the rest of the institution, or are you looked at as a non-contributing student?

2. Why is it that you choose to participate in athletics?
   You chose to be involved with athletics to:
   A. Challenge yourself physically and emotionally
   B. Enjoy the excitement of competition
   C. Develop friendships and the camaraderie of teammates
   D. Set goals and work toward accomplishment
   E. Enhance ones self-confidence and pride
F. Build on the value of community
G. Enjoy the experience and have fun!

3. What do you think will be the most positive outcome of your participation? The most positive, lasting outcomes of athletics are the relationships established through mutual respect with teammates and coaches, which last a lifetime!

4. What do you know about traditions and why do they exist? Traditions are time-honored acts that repeat that customs and beliefs of a culture. They are honorable and instill a sense of pride in its members!

5. What purposes does an initiation serve and what place does it have in athletics? Initiations are designed to instruct new members in the principles of an organization. They are ceremonial in nature and often carry a spiritual significance, and should be instructive. By joining an athletic team, one should expect to learn customs and procedures, but should never have to prove his or her right to be respected and treated with dignity at all times.

6. What do you believe that the hazing of a teammate or yourself accomplishes?
   - Hazing does not bond a team, quite the opposite it tears apart!
   - Hazing does not instill pride in the team... it humiliates the victims and the team!
   - Hazing does not allow freedom of choice to participate; it creates an environment of exceptions, leaving the victims powerless to choose!

Here is a team captain’s quote after her softball team was involved in and sanctioned for hazing! “… The intention was to have a fun night of team bonding, not to humiliate or embarrass anyone... we realize it didn’t benefit us, or improve our skills. It didn’t make us close as a team; in fact just the opposite occurred! Our fall season was cancelled as was our spring break and our team is on probation. Playing is a privilege not afforded by everybody and with the privilege comes a responsibility to our team, our school and ourselves.”

What can you do to prevent hazing among your teammates:
1. Understand what constitutes hazing and insist that this is discussed with coaches and teammates.
2. Plan alternative activities for your team that will enhance team bonding and be sure that all players and coaches are involved.
3. Make caring about one’s teammates a high priority for success and be conscious of any potential hazing incidents that may occur within your team! Talk about what it means to care!
4. Discuss among your coaches and teammates how and who you would report potential incidents that could be considered, or lead to, hazing. Any team’s problems will reflect poorly on your institution!
5. From day one, understand that acceptance by the team you are joining and your contribution to its success, will be developed through:
   - A strong work ethic;
   - A positive attitude; and
   - Your initiative

Seek advice from your coaches, administrators, athletic trainers, professors, student affairs officers, Life Skills personnel or even your parents!
TEAM TRAVEL POLICY

Representing St. John’s as a Student-Athlete is both an honor and a privilege!
Team travel consists of all practices, competitions, and/or any other team related events. When traveling with a team it is important to remember that you represent St. John’s University. The image you project is a reflection of the Department of Athletics and the entire University. All members of the St. John’s Department of Athletics will dress and conduct themselves in a professional, respectful manner.

Student-athletes must adhere to Department of Athletics’ travel policy or be subject to disciplinary action and/or potential expulsion from the team. Each coach will provide their expectations related to dress code, curfews and meal plans on daily itineraries. Only student-athletes eligible for competition and cleared medically are allowed to travel away from home competition.

Transportation:
- Student-athletes must travel to and from all practices, competitions and/or any other related athletic events with the team and coaching staff. Under no circumstances are student athletes allowed to drive to and from practices, competitions or any other athletic events.
- Department of Athletics prohibits student-athletes from using personal vehicles for any off-campus team activities.
- Only drivers with written University approval are permitted to drive rental or any vehicle.
- Van policy – student-athletes are not allowed to drive a University registered van. Only a coach or staff member who is cleared to drive by the University is allowed to drive a team van. (See Van Policy) (All passengers must wear a seat belt while traveling.)
- Team travel by bus – under no circumstance is a student-athlete allowed to drive a bus.
- Rental vehicles – under no circumstance is a student-athlete allowed to drive a rental vehicle.
- Air Travel policy – student-athletes must travel to and from airport with the team. All student-athletes are required to present official identification at the security checkpoints.

Hotel:
- Under no circumstances are student-athletes allowed to drink alcoholic beverages while traveling with a St. John’s Athletic team, regardless of whether they are of legal drinking age or not.
- Curfew will be set and administered by coaching staff. No curfew later than 12 midnight.
- While on away trips, you must always stay and travel with the official team party.
- Under no circumstances are student-athletes to leave the hotel unless approved by coach and accompanied by a coach, staff member, team member or parent.
- Under no circumstances are student-athletes, while away with a St. John’s Athletic team, allowed in a bar, nightclub, or any other establishment geared for adult entertainment.
- No visitors are allowed in a student-athlete’s hotel room.
- Student-athletes are only allowed to meet with visitors in the lobby with direct approval from the head coach.
- Student-athletes may visit only those rooms assigned to the official travel party.
• Student-athletes are expected to act in a courteous, professional, and respectful manner at all times. Be extra cognizant of behavior in public places such as restaurants, planes, buses and hotels. Student-athletes are representing St. John’s University; therefore, your image, manner and appearance are extremely important.

• Hotel rooms must be neat and clean before you leave and all hotel property must stay with the hotel, i.e., towels, pillows, blankets.

Attire:
• Teams should look professional at all times. Business attire or team uniform as defined by the coach. No jeans, sneakers or hats.

COMPLIANCE

Prior to the first day of practice at the beginning of each new semester, the Compliance Staff (Associate Athletic Director, Assistant Athletic Director for Compliance and Assistant Director for Compliance) will review with all student-athletes the NCAA legislation specific to amateurism, eligibility, financial aid, recruiting, extra benefits and playing and practice seasons. As a voluntary member of the St. John’s University Department of Athletics, each student-athlete is responsible and accountable for the rules and regulations of the NCAA, the BIG EAST Conference and the University.

The following pages in this handbook will help each student-athlete identify many key NCAA and University rules and regulations governing intercollegiate participation. Please be aware, these pages are not all encompassing. Therefore, should any student-athlete have any questions or concerns regarding the NCAA regulations governing intercollegiate participation please contact one of the Compliance Office staff members:

Doug Trani, Associate Athletic Director for Compliance; 718-990-6803; tranid@stjohns.edu
Ann Gulino, Assistant Athletic Director for Compliance; 718-990-2571; gulinoa@stjohns.edu
Colby Ryan, Assistant Director for Compliance; 718-990-2536; ryancl@stjohns.edu
Rich Wisor, Graduate Assistant, Compliance; 718-990-6638; athcompliance@stjohns.edu

NCAA AND ST. JOHN’S UNIVERSITY MINIMUM ACADEMIC ELIGIBILITY REQUIREMENTS FOR CONTINUING STUDENT-ATHLETES

<table>
<thead>
<tr>
<th>PRIOR TO THE START OF THE SECOND YEAR (3rd Semester)</th>
<th>PRIOR TO THE START OF THE THIRD YEAR (5th Semester)</th>
<th>PRIOR TO THE START OF THE FOURTH YEAR (7th Semester)</th>
<th>PRIOR TO THE START OF THE FIFTH YEAR (9th Semester)</th>
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<tbody>
<tr>
<td>➢ Earn a minimum of 24 credits during the</td>
<td>➢ Formally declare a</td>
<td>➢ Have a major declared</td>
<td>➢ Earn a minimum of 18 credits during the</td>
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### Academic Year Requirements

- **Earn a minimum of 18 credits during the academic year (Fall, Winter Intersession, Spring)**
- **Earn a minimum cumulative grade point average of 1.80**
- **Earn a minimum of 6 degree applicable credits per term (Fall and Spring)**
- **A maximum of 6 remedial credits may be used during the initial year of collegiate enrollment**

### Major Requirements

- **Earn a minimum of 18 credits during the academic year (Fall, Winter Intersession, Spring)**
- **Earn a minimum cumulative grade point average of 1.90**
- **Earn a minimum of 6 degree applicable credits per term (Fall and Spring)**
- **Completed a minimum of 40% of your degree**

### Graduate Level Requirements

- **Earn a minimum of 18 credits during the academic year (Fall, Winter Intersession, Spring)**
- **Earn a minimum cumulative grade point average of 2.00**
- **Earn a minimum of 6 degree applicable credits per term (Fall and Spring)**
- **Completed a minimum of 60% of your degree**

### Additional NCAA & University Academic Eligibility Requirements:

- **Student-athletes who begin their initial collegiate enrollment at STJ must be certified as an NCAA Division I Qualifier by the NCAA Eligibility Center.**
- **Per Big East Conference policy, only student-athletes certified as full academic qualifiers upon initial full-time enrollment are eligible to participate in intercollegiate athletics at STJ or any other Big East Conference institution.**
- **Undergraduate Student-athletes must maintain full-time status (enrolled in a minimum of 12 credit hours) throughout the duration of the semester.**
- **Graduate Student-athletes must maintain full-time status (enrolled in a minimum of 9 credit hours) throughout the duration of the semester.**
- **A student-athlete who needs to drop a course must complete a Withdrawal Form and get prior approval from the Athletic Academic Advisor, Coach, Compliance Office and Dean before withdrawing from a course. (STJ)**
- **A student-athlete below the applicable NCAA minimum cumulative GPA at the end of the fall semester must attend the winter intersession in an effort to become eligible for the spring semester. (STJ)**
- **A student-athlete below the applicable NCAA minimum cumulative GPA at the end of the spring semester must attend summer session in an effort to become eligible for the next academic year. (STJ)**

Prior to the start of each semester the information in the chart as well as the following information will be reviewed by Compliance, Academic Support, Certifying Officer for Eligibility and the Faculty Athletics Representative.

ADDITIONAL NCAA & UNIVERSITY ACADEMIC ELIGIBILITY REQUIREMENTS:

- Student-athletes who begin their initial collegiate enrollment at STJ must be certified as an NCAA Division I Qualifier by the NCAA Eligibility Center.
- Per Big East Conference policy, only student-athletes certified as full academic qualifiers upon initial full-time enrollment are eligible to participate in intercollegiate athletics at STJ or any other Big East Conference institution.
- Undergraduate Student-athletes must maintain full-time status (enrolled in a minimum of 12 credit hours) throughout the duration of the semester.
- Graduate Student-athletes must maintain full-time status (enrolled in a minimum of 9 credit hours) throughout the duration of the semester.
- A student-athlete who needs to drop a course must complete a Withdrawal Form and get prior approval from the Athletic Academic Advisor, Coach, Compliance Office and Dean before withdrawing from a course. (STJ)
- A student-athlete below the applicable NCAA minimum cumulative GPA at the end of the fall semester must attend the winter intersession in an effort to become eligible for the spring semester. (STJ)
- A student-athlete below the applicable NCAA minimum cumulative GPA at the end of the spring semester must attend summer session in an effort to become eligible for the next academic year. (STJ)
• A Student-athlete who wants to change his/her major, add a 2nd major, add a minor, change to a 5-year degree program must complete and get prior approval from Academic Advisor, Coach, Sport Administrator, Compliance Office and Dean before officially processing such a change with the University (STJ)

ACADEMIC GOALS FOR ST.JOHN’S UNIVERSITY STUDENT-ATHLETES:

• Earn a minimum of 30 degree applicable credits an academic year (Fall, Winter Inter-Session, Spring, Summer). In doing so, this will put you on track graduate with your undergraduate degree (for most degree programs at STJ) in four academic years.
• Earn and maintain a minimum of a 3.00 cumulative GPA throughout your career at St. John’s University. In doing so, this will ensure that you do not lose any academic grant/scholarship you may be receiving from St. John’s University.
  o Please note, some scenarios exist where a student-athlete or student at St. John’s University may no longer become eligible for an academic grant/scholarship even with a 3.00 cumulative GPA or higher, for example: a 5th year student at SJU, a graduate student at SJU or being enrolled part time at SJU during your final term, may make you no longer eligible to receive an academic grant/scholarship at St. John’s University. As a result, please ask the Financial Aid Office about your specific academic scholarship/grant and your academic plan for graduation so you and your family can plan accordingly for when you academic grant/scholarship from St. John’s University will end.

* Student-athletes seeking exceptions to the above guidelines must do so in writing. Exceptions may be granted based upon specific extenuating circumstances as permitted under NCAA, Big East and University regulations.

(STJ) – designates a St. John’s University regulation

FINANCIAL AID:
The NCAA permits student-athletes to receive financial aid from:
• Anyone upon whom the student-athlete is naturally or legally dependent
• Sources distributed by the University.
• Institutional need-based aid based on information from the Free Application for Federal Student Aid (F.A.F.S.A. form). Such aid may include scholarships, grants, work-study, PELL and the Tuition Assistance Program (T.A.P. - for New York State residents only), as well as loans.
• Scholarships based on academic standing and/or athletic ability.
• Student employment either as work study (need based) or non-work study may be available.
• Financial aid through an established and continuing program to aid students provided the recipient’s choice of institutions is not restricted by the donor of the aid and there is no direct connection between the donor and the student-athlete’s institution and the disbursement of the aid is made through the University’s Financial Aid Office.
• Any outside financial aid awards received toward college expenses (e.g. Booster Club scholarships) must be reported for review and approval to the Head Coach, Compliance Office and the University Financial Aid Office before it can be accepted.

The Free Application for Federal Student Aid (FAFSA) must be applied for annually by all scholarship student-athletes and non-scholarship student-athletes applying for any kind of aid normally available to
students in general (e.g. Pell Grants, Stafford Loans).

Athletic scholarships are issued for a period of one year (fall and spring semesters).

A student-athlete may receive an athletic scholarship which consists of tuition, room, board, books, and fees. Athletic grants are issued as partial or full at the discretion of the head coach and with final approval from the athletic administration and Financial Aid Office.

Student-athletes who are book scholarship recipients, are required to return all issued books back to the University Book Store at the conclusion of each academic term (i.e. Fall, Winter, Spring and Summer) in order to be eligible to receive books as a book scholarship recipient for the next academic term. A book scholarship student-athlete, who requests to hold onto a particular book from for academic reasons related to their program of study, must do so in writing to their Academic Support Advisor prior to the end of the academic term that the book was issued.

During the period of the award (one-year), athletic aid may be reduced or cancelled if:
(a) The student-athlete renders himself/herself ineligible for intercollegiate competition;
(b) The student-athlete fraudulently misrepresents any information on an application, NCAA Eligibility Center registration, NCAA forms, St. John’s University forms, National Letter of Intent (NLI) or Financial Aid Agreement (FAA);
(c) The student-athlete engages in serious misconduct warranting substantial disciplinary penalty or
(d) The student-athlete voluntarily (on his or her own initiative) withdraws from a sport at any time for personal reasons

Athletic Scholarships are issued on an annual basis, are renewable yearly with notification provided to the student-athlete by July 1 as required by the NCAA.

Following the end of the academic year, during the renewal time period, there will be student–athletes for whom athletic aid is reduced or not renewed for variety of reasons, including voluntary withdrawal from the sport for personal reasons, ineligibility for intercollegiate competition, fraudulently misrepresenting information, engaging in serious misconduct warranting substantial disciplinary penalties, or violation of BIG EAST, NCAA, St. John’s University or Athletic Department rules/policies which include:

1. academic failure and subsequent dismissal from school;
2. prolonged sub-standard academic performance;
3. non-cooperation, indifference and/or unsatisfactory attitude in matters academic, athletic, disciplinary, or other serious matters;
4. drug and/or alcohol abuse;
5. unpaid and overdue financial obligations to the University; and
6. non-approved withdrawal from classes or being dropped from a course.
7. dropping below full time status.
8. violation(s) of University or Department code of conduct

In accordance with NCAA rules, for a cancellation, reduction or non-renewal of athletic aid, the Department of Athletics will inform the Financial Services Office, in writing, to reduce, cancel or not renew a student-athlete’s athletic aid, as well as provide any supporting documents related to the reduction, cancellation or non-renewal.

Subsequent to the recommendation for reduction, cancellation or non-renewal of athletic aid, a letter will be sent to the student-athlete which informs the student-athlete of his/her right to appeal this reduction,
Cancellation or non-renewal decision. The student-athlete will then have a two week window from the date of the letter to request, in writing, an appeal of this decision. The actual date/deadline for the request of the appeal will be specified in the letter sent to the student-athlete. If the student-athlete decides to appeal, he/she must request such an appeal, in writing, to review this decision with a committee established under the auspices of the Director of Financial Services, Maryanne Twomey. Mrs. Twomey may be contacted at 718-990-5743 or by e-mail at twomeym@stjohns.edu.

The Appeal Committee, composed of University administrators and faculty outside of the Department of Athletics, will form a decision to support or deny the recommendation of reduction, cancellation or non-renewal based upon the written documentation provided by the student-athlete, student-athlete’s head coach and the Compliance Office. If the appeal is granted, the reduction, cancellation or non-renewal of an athletic scholarship becomes final after the committee renders a decision. The appeal committee will inform the student-athlete of the decision in writing.

SUMMER/WINTER FINANCIAL AID

Athletic scholarships do not include winter and/or summer terms. Applications for winter athletic aid are due to the Compliance Office by November 1st and applications for summer athletic aid are due to the Compliance Office by April 1st annually. Athletic aid for students-athletes taking summer and/or winter courses is limited. In addition, only tuition and fees and books are included in a summer/winter athletic scholarship and are issued in proportion to the athletic aid received by the student-athlete during the academic year. Special cases may be reviewed by the committee to make any changes to this policy.

The main goals of this program are to 1) provide the student-athlete the opportunity to complete his/her degree, 2) enable the student-athlete to meet NCAA and STJ continuing eligibility requirements and 3) reward academic achievement. All summer/winter applications for athletic aid must be approved by the Head Coach. The Athletics Aid Committee is comprised of administrators within Compliance, Academic Support and the Faculty Athletics Representative.

ADDITIONAL FUND TO SUPPORT THE EDUCATION NEEDS OF THE STUDENT-ATHLETE

St. John’s University has the opportunity to utilize the NCAA Special Assistance Fund (SAF) and the NCAA Student-Athlete Opportunity Fund (SAOF) to assist student-athletes in meeting some specific financial needs that arise in conjunction with college life. Typical uses of the fund include: contact lenses, orthotics, medically-prescribed massage therapy, counseling, etc.
All student athletes, including international, are eligible to receive these benefits, regardless of whether
they are athletic grant-in-aid recipients.
SAF/SAOF applications are available throughout the year from the Compliance Office located in Room 206
of Carnesecca Arena. All requests must receive prior approval from the Compliance Office and the BIG
EAST Conference.

GENERAL PLAYING SEASON RULES:
NOTE: THE NCAA PLAYING AND PRACTICE RULES LISTED BELOW ARE GENERAL NCAA REGULATIONS AND
ARE NOT ALL ENCOMPASSING OF NCAA PLAYING AND PRACTICE RULES.

Countable Athletically Related Activities (practice, skill instruction, weight training, conditioning, film
sessions, competition) – Athletically related activities include sports related instruction as well as any
required activity having an athletics purpose, held for one or more student-athletes at the direction of or
supervised by any member or members of an institution’s coaching staff. The playing season, which is on
file in the Compliance Office and can be divided into 2 segments, is the only time countable athletically
related activities can occur. Countable athletically related activities shall not occur between midnight and
5AM with the exception of:

- Conference or NCAA Championship
- Competition that begins prior to midnight and ends after midnight
- Participation in promotional practice activity (i.e. first practice of the season)

No Missed Class Time for Practice Activities – no class time shall be missed at any time (e.g. regular
academic term, winter session, summer term) for practice activities except when a team is traveling to an
away-from-home contest and the practice is in conjunction with the contest.

No Missed Class Time in Conjunction with Nonchampionship Segment Competition for Baseball,
Volleyball, Lacrosse, Soccer and Softball – no class time shall be missed in conjunction with
nonchampionship segment competition, including activities associated with such competition (e.g., travel
and other pregame or postgame activities)

Practice - Week Before Finals – in the non-traditional season, athletically related activities are prohibited
one week prior to the beginning of finals through the conclusion of final exams.

Daily and Weekly Hour Limitations-Playing Season – A student-athlete’s participation in countable
athletically related activities shall be limited to a maximum of 4 hours per day and 20 hours per week with
1 day off during traditional/non-traditional seasons.

Skill Related Instruction-Outside Playing Season – A student-athlete’s participation in weight training,
conditioning and skill instruction shall be limited to a maximum of 8 hours per week with not more than
2 hours per week spent in skill instruction or video analysis and 2 off days during the out of season
activities.

Travel Day - A travel day may not serve as the required off-day/week.
Golf Practice Round Exception – A practice round of golf may exceed the 4 hours/per day limitation, but the weekly limit of 20 hours shall remain in effect. A practice round played on the day prior to the start of a collegiate golf tournament at the tournament site shall count as 3 hours, regardless of the actual duration of the round.

Competition Day – All competition and any associated athletically related activities on the day of competition will count as 3 hours regardless of the actual duration of these activities. Practice may not be conducted at any time (including vacation periods) following competition, except between contest rounds or events during multi-day or multi-event competition (e.g., double-headers in softball or baseball, rounds of golf in a multi-day tournament).

Preseason Practice – Daily and weekly hour limitations do not apply to countable athletically related activities occurring during preseason practice prior to the first day of classes, or the first scheduled regular season contest, whichever is earlier.

Vacation Periods and Between Terms – Daily and weekly hour limitations do not apply to countable athletically-related activities occurring during an institution’s official vacation period during the playing season.

OUTSIDE COMPETITION:

Outside Competition – Academic Year – A student-athlete in any sport who participates during the academic year (fall and spring semesters) as a member of an outside team (non-STJ team) in any non-collegiate amateur competition immediately becomes ineligible for intercollegiate competition at St. John’s University. Practice with such a team is permitted with PRIOR approval of the STJ head coach and Compliance Office. (certain exceptions apply – see compliance office for further details)

Competition as an Individual/Not Representing STJ – Academic Year – it is permissible for a student-athlete to participate in outside competition as an individual (e.g. compete unattached) during the academic year provided the student-athlete first gets prior approval of the STJ head coach and Compliance Office. In addition, the student-athlete can only represent himself/herself in the competition (does not wear any SJU issued apparel during competition or use any SJU issued equipment in competition) and does not engage in such competition as a member of an outside team or receive expenses from the outside team.

VACATION PERIOD/SUMMER ACTIVITIES:

• A student-athlete will jeopardize his/her eligibility should he/she participate on a non-STJ team without prior approval from the Compliance Office.
• Student-athletes may participate on outside teams during the summer with certain restrictions STJ coaching staff members may not be involved with an outside team that includes STJ student-athletes with eligibility remaining
  All student-athletes must complete a Summer League/Vacation Period permission form prior to
participation in any vacation period/summer competition. Summer League/Vacation Period permission forms are available in Teamworks for student-athletes to make such a request.

- Institutional practice or competition outside of the declared playing season is prohibited. Summer practice is prohibited (see Compliance Office for legislated exceptions).
- A student-athlete may participate in summer weight training and conditioning provided it is voluntary (see below) and not directed or supervised by a member of the coaching staff (exception for men’s basketball and women’s basketball).
- For Cross-Country, Fencing, Golf, Tennis, and Track/Field: A coach may participate in individual workout sessions with student-athletes from the coach’s team during the summer, provided the request for such assistance is initiated by the student-athlete and prior approval has been given by the Compliance Office.

DEFINITION OF VOLUNTARY ATHLETICALLY RELATED ACTIVITIES:
In order for any athletically related activity to be considered "voluntary," all of the following conditions must be met:

- The student-athlete must not be required to report back to a coach or other athletics department staff member (e.g., strength coach, trainer, manager) any information related to the activity. In addition, no athletics department staff member who observes the activity (e.g., strength coach, trainer, manager) may report back to the student-athlete’s coach any information related to the activity;
- The activity must be initiated and requested solely by the student-athlete. Neither the institution nor any athletics department staff member may require the student-athlete to participate in the activity at any time. However, it is permissible for an athletics department staff member to provide information to student-athletes related to available opportunities for participating in voluntary activities (e.g., times when the strength and conditioning coach will be on duty in the weight room or on the track). In addition, for students who have initiated a request to engage in voluntary activities, the institution or an athletics department staff member may assign specific times for student-athletes to use institutional facilities for such purposes and inform the student-athletes of the time in advance;
- The student-athlete’s attendance and participation in the activity (or lack thereof) may not be recorded for the purposes of reporting such information to coaching staff members or other student-athletes; and
- The student-athlete may not be subjected to penalty if he or she elects not to participate in the activity. In addition, neither the institution nor any athletics department staff member may provide recognition or incentives (e.g., awards) to a student-athlete based on his or her attendance or performance in the activity.

COMPLIMENTARY ADMISSIONS/EXTRA BENEFITS:
Student-athletes may receive up to four (4) complimentary admissions to each home and/or away contest in his/her sport and up to six (6) complimentary admissions to a conference championship and NCAA championships. NCAA regulations forbid any player to have an actual game ticket in his/her possession at any time. Therefore, each student-athlete will be required to complete the appropriate University complimentary admissions request form and/or the on-line complimentary admission system. Prior to the season beginning, the ticket office staff and compliance staff will meet with the respective teams to go over the specifics of the complimentary admission process. Some general guidelines are as follows:

1. Student-athlete complimentary admission requests must be completed by the designated deadline prior to the game.
2. All complimentary admission requests must be printed and/or entered into the on-line system with first and last names (no nicknames or abbreviations) and in alphabetical order, with the accurate relationship of the guest indicated.
3. The names that appear on the request are the only individuals who may receive complimentary admission to the event.
4. All guests must be notified that photo ID is required to pick up the complimentary admissions with the exception of students who are not required to carry school identification.
5. Guests who become abusive with Ticket Office Staff will not be issued complimentary admissions to the event or to future contests.
6. All guests must be informed as to where the complimentary admissions are to be picked up (Player Guest Table) and that complimentary admissions must be picked up before the end of half time or fifth inning.
7. Student-athletes, are permitted to leave from his/her allotment of 4 complimentary admissions, a complimentary admission to a home or away contest to a high school coach, prep school coach, junior college coach, AAU coach or club coach, provided the complimentary admission is not being provided at the direction of a St. John’s University coaching staff member.
8. Student-athletes are prohibited from selling his/her complimentary admissions.

In every instance, student-athletes must adhere to the following NCAA rules:

Institutional Events in the Student-Athlete’s Sport. An institution may provide four (4) complimentary admissions per home or away intercollegiate athletics event to a student-athlete in the sport in which the individual participates (either practices or competes), regardless of whether the student-athlete competes in the contest.

Conference Championships, NCAA Championships and Bowl Games. An institution may provide each student-athlete who participates in or is a member of a team participating in a conference championship, NCAA championship or bowl game with six (6) complimentary admissions to all intercollegiate athletics events at the site at which the student (or team) participates.

Tournaments. Complimentary admissions may be provided to members of the institution’s team for all intercollegiate athletics events in a tournament in which the team is participating, rather than only for the games in which the institution’s team participates. However, the contests must be at the site at which the institution’s team participates.

General Regulations. Complimentary admissions shall be provided only through a pass list for individuals designated by the student-athlete. "Hard tickets" shall not be issued.

Institution’s Home Events in Other Sports. An institution may provide admission for each student-athlete to all of the institution’s regular-season home intercollegiate athletics events in sports other than that in which the student-athlete is a participant, via a printed student-athlete pass or gate list. Proof of identity (e.g. Storm Card ID) shall be required upon admission.

Extra Benefit. An extra benefit is any special arrangement by an institutional employee or a representative of the institution’s athletics interests (booster) to provide a student-athlete or the student-athlete’s relative or friend a benefit not expressly authorized by NCAA legislation. Receipt of a benefit by student-athletes or their relatives or friends is not a violation of NCAA legislation if it is demonstrated that the same benefit is generally available to the institution’s students or their relatives or friends or to a
particular segment of the student body (e.g., foreign students, minority students) determined on a basis unrelated to athletics ability.

REPRESENTATIVE OF ATHLETICS INTEREST (BOOSTER) is an individual, independent agency, corporate entity (e.g., apparel or equipment manufacturer) or other organization who is known (or who should have been known) by a member of the institution’s executive or athletics administration to:

- Have participated in or to be a member of an agency or organization promoting the institution's intercollegiate athletics program;
- Have made financial contributions to the athletics department or to an athletics booster organization of that institution;
- Be assisting or to have been requested (by the athletics department staff) to assist in the recruitment of prospective student-athletes;
- Be assisting or to have assisted in providing benefits to enrolled student-athletes or their families; or
- Have been involved otherwise in promoting the institution's athletics program.

Once an individual, independent agency, corporate entity or other organization is identified as such a representative, the person, independent agency, corporate entity or other organization retains that identity indefinitely.

INSTITUTIONAL CONTROL & SELF-REPORTING OF POTENTIAL NCAA VIOLATIONS:
Institutional control is a fundamental requirement of NCAA membership. This involves:

- Controlling the STJ intercollegiate athletics program in compliance with the rules and regulations of the NCAA;
- Monitoring the program to ensure compliance, identifying and reporting to the NCAA instances in which compliance has not been achieved and taking appropriate corrective actions; and
- Ensuring that members of the STJ staff, student-athletes and other individuals or groups representing STJ’s athletics interests comply with NCAA regulations.

- **Best Advice - When you are faced with a situation and are unsure as how to respond, we strongly urge you to remember that it's better safe than sorry and please “Ask Before You Act.”**
- All student-athletes (and athletic department staff members) are obligated to report any potential NCAA violations to the Director of Athletics/Compliance Office.
- In accordance with NCAA rules and regulations, all suspected or alleged violations of NCAA rules shall be investigated. Once informed of a potential NCAA violation, the Associate AD for Compliance will conduct a preliminary investigation to ascertain the basic facts surrounding the incident. The individuals involved in the incident will be contact directly and asked about the matter. Notification of the matter will be made to the Director of Athletics, SWA, FAR, General Counsel and the respective sport supervisor.
- If the Director of Athletics or the Associate AD/Compliance determines that a violation has occurred, appropriate and adequate corrective measures will be taken, and a report of the violation will be submitted to the BIG EAST Conference Office and/or the NCAA national office.

PROMOTIONAL ACTIVITIES:
*A student-athlete must receive written permission from the Director of Athletics or Compliance Office prior to any promotional activity in Teamworks.*

A student-athlete shall not be eligible for participation in intercollegiate athletics if he/she:

- Accepts any remuneration for or permits the use of his or her name or picture to advertise,
recommend or promote directly the sale or use of a commercial product or service. (This includes modeling; see Compliance Office for certain pre-college enrollment exceptions that may apply)

- Receives remuneration for endorsing a commercial product or service.

A member institution or recognized entity thereof (e.g., fraternity, student government), a member conference, or a non-institutional charitable, educational or nonprofit agency may use the student-athlete’s name, picture or appearance to support its charitable or educational activities or to support activities incidental to the student-athlete’s participation in intercollegiate athletics.

All charitable, educational and nonprofit promotional activities must have the written approval of the Director of Athletics or Compliance Office prior to any student-athlete(s) participation. The organizational leader, the student-athlete and the Director of Athletics must sign a promotional activities release form identifying the criteria an activity must satisfy per NCAA rules before the student-athlete’s participation.

**MEDIA ACTIVITIES:**

*A student-athlete must receive written permission from the Director of Athletics or Compliance Office prior to any media activity in Teamworks.*

During the playing season, a student-athlete may appear on local radio and television programs (e.g. coaches shows) or engage in writing projects when the student-athlete’s appearance or participation is related in any way to athletics ability or prestige, provided the student-athlete does not receive any remuneration for the appearance or participation in the activity. The student-athlete shall not make any endorsement, expressed or implied, of any commercial product or service.

- The student-athlete may, however, receive legitimate and normal expenses directly related to the appearance or participation in the activity, provided it occurs within a 30-mile radius of the institution's main campus.
- The institution also may provide such expenses for a student-athlete to appear on radio or television in the general locale of an institution's away-from-home competition.

Outside the playing season, a student-athlete may participate in media activities (e.g., appearance on radio, television, in films or stage productions or participation in writing projects) when such appearance or participation is related in any way to athletics ability or prestige, provided the student-athlete is eligible academically to represent the institution, does not receive remuneration for such appearances and does not miss class. The student may not make any endorsement, expressed or implied, of any commercial product or service.

**EMPLOYMENT:**

Student-athletes must complete an employment form in Teamworks and receive written permission from the Compliance Office prior to all employment, including camp and clinic employment.

**Compensation may be paid to a student-athlete:**

- For work actually performed;
- At a rate commensurate with the going rate in that locality for similar services;
- May not include any remuneration for value or utility that the student-athlete may have for the employer because of the publicity, reputation, fame or personal following that he or she has obtained because of athletic ability;
- An employer or institution may not pay a student-athlete's transportation expenses to or from his or her job or provide any other benefits, unless such expenses/benefits are provided to all employees.
- For camp/clinic employment – for duties that are of a general supervisory character in addition to
any coaching or officiating assignments; a student-athlete who only lectures or demonstrates at a
camp/clinic may **not** receive compensation for his/her appearance at the camp/clinic;
- A student-athlete cannot operate his/her own camp
- International student-athletes may only work on campus as per Federal Regulations.

**SPECIFIC ATHLETICALLY RELATED EMPLOYMENT ACTIVITIES**
A student-athlete may receive compensation for teaching or coaching sport skills or techniques in his or
her sport on a fee-for-lesson basis, provided he/she receives prior approval in Teamworks from the
Compliance Office and the following rules are adhered to:
- Institutional facilities are not used;
- Playing lessons shall not be permitted;
- The institution obtains and keeps on file documentation of the recipient of the lesson(s) and the
fee for the lesson(s) provided during any time of the year;
- The compensation is paid by the lesson recipient (or the recipient’s family) and not another
individual or entity;
- Instruction to each individual is comparable to the instruction that would be provided during a
private lesson when the instruction involves more than one individual at a time; and
- The student-athlete does not use his or her name, picture or appearance to promote or advertise
the availability of fee-for-lesson sessions.
- A student-athlete cannot operate his/her own camp
- The student-athlete does not miss class or any other academic obligations (study hall) or any
team obligations (practice, competition, meetings) as a result of the fee for lesson employment.

**TRANSFERS:**

**NCAA TRANSFER PORTAL- NOTIFICATION OF TRANSFER**
A St. John’s University student-athlete is permitted to declare their notification of transfer to St. John’s
University by:
1. Speaking to their Head Coach
2. Coming to the Compliance Office (Carnesecca Arena, Rom 206) to complete a Notification of
Transfer form and an Exit Interview Survey.
3. The Compliance Office staff member will then enter the student-athlete’s name and required
contact information into the NCAA Transfer Portal.

Once the student-athlete is listed in the NCAA Transfer Portal, other NCAA institutions may immediately
communicate (e.g. talk on the phone, email, text message, etc.) with the student-athlete about
transferring. In addition, once the student-athlete is listed in the NCAA Transfer Portal, the student-
athlete may also immediately communicate (e.g. talk on the phone, email, text message, etc.) with other
NCAA institutions about transferring.

**NOTE:** A student-athlete that enters their name into the NCAA Transfer Portal, is also cancelling their
athletic aid at St. John’s University at the end of the current academic term. In addition, for applicable
sports other than Baseball, Men’s Basketball and Women’s Basketball, the Department of Athletics has
the ability to support or deny a student-athlete’s ability to use the one time transfer exception.
If the Department of Athletics denies a student-athlete in a sport other than Baseball, Men’s Basketball and Women’s Basketball the one time transfer exception, a letter indicating this decision will be emailed to the student-athlete. This email will also inform the student-athlete of his/her right to appeal this decision. The student-athlete will then have a two week window from the date of the email to request, in writing, an appeal of this decision. The actual date/deadline for the request of the appeal will be specified in the email sent to the student-athlete. If the student-athlete decides to appeal, he/she must request such an appeal via email, to review this decision with a committee established under the auspices of the Director of Financial Services, Maryanne Twomey. Mrs. Twomey may be contacted at 718-990-5743 or by e-mail at twomeym@stjohns.edu.

The Appeal Committee is composed of University administrators and faculty outside of the Department of Athletics. The Committee shall conduct the hearing and provide written results of the hearing to the student-athlete within 15 business days of receipt of the student-athlete’s written request for a hearing. The student-athlete shall be provided the opportunity to actively participate (e.g., in-person or via telephone) in the hearing.

Please note, if a student-athlete requests to communicate with a NAIA institution about transferring, the notification of transfer process outlined above will be followed. Provided permission to speak with the NAIA institution is granted, an email will be sent to the Director of Athletics and Compliance Director at the NAIA institution. If permission to speak with the NAIA institution is not granted, the appeal process outlined above for the one time transfer exception, will be followed for the student-athlete’s appeal opportunity for permission to speak to the NAIA institution.

In addition, please be aware of the following:

- A student-athlete who enters their name into the NCAA Transfer Portal, may continue to receive Academic Support Services for the remainder of the academic year from the Office of Student Development for Athletes.
- A student-athlete who enters their name into the NCAA Transfer Portal, will need to have a discussion with their Head Coach to determine what access the student-athletes has or no longer has to athletic facilities and/or team activities moving forward.
- A student-athletes that enters their name into the NCAA Transfer Portal, will lose their athletic aid at the end of the current academic term.

GAMBLING:

The NCAA opposes all forms of legal and illegal sports wagering. Sports wagering has the potential to undermine the integrity of sports contests and jeopardizes the welfare of student-athletes and the intercollegiate athletics community. Sports wagering demeans the competition and competitors alike by a message that is contrary to the purposes and meaning of “sport”. Sports competition should be appreciated for the inherent benefits related to participation of student athletes, coaches and institutions in fair contests, not the amount of money wagered on the outcome of the competition.

For these reasons, the NCAA membership has adopted specific rules prohibiting Department of Athletics staff members and student-athletes from engaging in gambling activities as they relate to intercollegiate or professional sporting events (i.e., March Madness NCAA Basketball Brackets, Super Bowl boxes, Fantasy Sports Leagues, sports book, on-line wagering and/or parlay cards). Please note, by NCAA rule, a wager is any agreement in which an individual or entity agrees to give up an item of value (e.g., cash, shirt, dinner) in exchange for the possibility of gaining another item of value.
VEHICLE REGISTRATION:

- All St. John’s University student-athletes are required to complete an Automobile Registration Form and provide a copy of their current automobile registration and a copy of the vehicle’s insurance.
- The Compliance Office reviews automobile information for all student-athletes to maintain compliance with all NCAA rules and regulations related to extra benefits.

AGENTS:

NCAA bylaws clearly stipulate that an intercollegiate student-athlete shall be ineligible for participation in all intercollegiate sports if he or she has ever agreed, either orally or in writing, to be represented by an agent for the purpose of marketing their ability or reputation in a particular sport. Agreements made for future representation with an agent by the student-athlete’s relatives or friends will also disqualify the student-athlete from future intercollegiate competition.

Student-athletes will also be deemed ineligible should they, their relatives or friends, accept anything of value from an agent or a representative of an agent (e.g. a runner). Such benefits can include clothing, meals, merchandise, loans, complimentary tickets to events and transportation, etc.

An agent is defined as any individual who, directly or indirectly, represents or attempts to represent and individual for the purpose of marketing his/her athletics ability or reputation for financial gain, or seeks to obtain any type of financial gain or benefit from securing a prospective student-athlete’s enrollment at an educational institution or from a student-athlete’s potential earnings as a professional athlete.

- **Communication with an Agent**
  It is permissible for a student-athlete to engage in communications with an agent regarding possible representation in the future, potential draft status and their market value. However, an agent must be registered and approved with the St. John’s University Department of Athletics before such dialog may occur. If a student-athlete is contacted by an agent, the student-athlete must inform their Head Coach and the Compliance Office immediately. The Compliance Office will reach out to the agent and have them register with the Department or the Agent may register online at the Compliance section of redstormsports.com. This is done to ensure the agent is reputable and licensed with the State of New York and with the NBA, MLB, MLS etc. Once the agent has completed the registration process the student-athlete and head coach will be informed if communications between the student-athlete and the agent may continue.

- **Communication with a Lawyer**
  Student-athletes may consult with a lawyer. Lawyers may be secured for advice regarding a student-athlete’s rights concerning a proposed professional sports contract. However, if the lawyer’s activities include being present during discussions of a contract with a professional organization, direct contact with a professional organization on behalf of the student-athlete, or representation of the student-athlete in contract negotiations, the relationship shall be considered representation by an agent and the student-athlete’s inter collegiate eligibility will also disqualify the student-athlete from future intercollegiate competition.

- **Communication with a Financial Advisor**
Financial Advisors may be retained to provide the student-athlete and their family with advice on financial planning issues. However, if the financial advisor takes any steps to market the student-athlete on the basis of their athletic ability the relationship will be considered that of an agent and the student-athlete’s eligibility will also disqualify the student-athlete from future intercollegiate competition.

- **Professional Sports Counseling Panel:**
  St. John's University may create a Professional Sports Counseling Panel, which is authorized to assist the student-athlete with gathering information relating to their professional sports prospects. The panel may assist student-athletes on the following:
  - Advising the student-athlete about a future professional sports career;
  - Provide information on securing a loan for the purpose of purchasing insurance against a disabling injury;
  - Assist the student-athlete in the selection of an agent by participating with the student-athlete in interviews of agents, reviewing written information player agents sent to the student-athlete and by having direct communication with those individuals who can comment about the abilities of an agent;
  - Visit with player agents or representatives of professional athletics teams to assist the student-athlete in determining his or her market value (e.g. potential salary, draft status).

**EXIT INTERVIEW/ DEPARTING THE INSTITUTION:**
During the student-athlete’s senior year or prior to transfer, each student-athlete will complete an exit interview survey with the Compliance Office then meet with the Senior Woman’s Administrator and Sport Supervisor for one-on-one exit interviews with student-athlete. Interviews shall include questions regarding the value of the students’ athletics experiences, the extent of the athletics time demands encountered by the student-athletes and concerns related to the administration of the student-athletes’ specific sports.

Any student-athlete that is departing the institution with eligibility remaining must:
- Complete an exit interview survey with the Compliance Office;
- Meet with their Sport Supervisor;
- Return athletic equipment;
- For book scholarship recipients, return books to the University Book Store;
- Meet with your Dean to withdraw from the institution;
- Return University issued laptop to the Laptop Shop (Sullivan Computer Lab);
- Meet with Registrar’s Office to have STJ transcript sent to the institution you will be transferring to;
- Go to Residence Life Office to complete exit procedures.
- Go to the Student Financial Services Office to review account and identify if any balances or holds are on your university account.
- **For International student-athletes departing St. John’s University, you are required to visit the International Student-Services Office prior to your departure from campus to complete all required forms and documents.**
RECRUITING RULES FOR CURRENT STJ STUDENT-ATHLETES
***please note a recruit is any individual who has started classes for the ninth (9\textsuperscript{th}) grade; for men's basketball and softball it is any individual who has started classes for the seventh (7\textsuperscript{th}) grade.***

<table>
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<tr>
<th>WRITTEN CORRESPONDENCE INCLUDING ALL FORMS OF SOCIAL MEDIA THAT IS AVAILABLE FOR THE PUBLIC TO VIEW (communication that is NOT private between one person and another person) (e.g. Twitter)</th>
<th>WRITTEN CORRESPONDENCE INCLUDING ALL FORMS OF PRIVATE (communication between one person and another person) SOCIAL MEDIA, EMAIL &amp; TEXT</th>
<th>TELEPHONE CALLS</th>
<th>IN-PERSON, OFF THE STJ CAMPUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>You MAY write to recruits on social media (e.g. Twitter) in a public setting, provided the communication on social media is not at the direction of an STJ coach or STJ staff member.</td>
<td>You MAY write to recruits provided it is not at the direction of an STJ coach or STJ staff member</td>
<td>You MAY receive calls from a recruit, at the recruit’s expense following June 15\textsuperscript{th} of the recruits sophomore year of high school. You may NOT make or participate in telephone calls to recruits at the direction of an STJ coach or STJ staff member. You may NOT make or participate in telephone calls to recruits that are financed by STJ or an STJ booster.</td>
<td>You are NOT permitted to have in-person (face-to-face) contact with a recruit, off the campus of STJ at the direction of an STJ coach or STJ staff member with the exception of official visits.</td>
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</tbody>
</table>

OFFICIAL VISIT RULES FOR CURRENT STJ STUDENT-ATHLETES
*** A current STJ student-athlete may be asked to serve as a “student host” for a recruit’s official visit to the STJ campus. NCAA host rules are summarized in the below chart.***

**BEFORE THE OFFICIAL VISIT**
- You must be a full-time undergraduate STJ student (enrolled in at least 12 credits) or full-time STJ graduate student (enrolled in at least 9 credits)
- If you are a freshman, you must be certified as an NCAA qualifier
Any Student-athlete who resides on-campus and is on the trespass list cannot serve as the host for an official visit. The day before the visit or morning of the visit, pick up the host money from the Athletic Business Office and sign for host money & instructions. The Athletic Business Office is located in Carnesecca Arena, Room 157 (near the main athletic office and the President’s Conference Room.)

DURING THE OFFICIAL VISIT
- As the host you may be provided a maximum of $40 per day of the visit to cover ENTERTAINMENT expenses for you, the recruit and the recruit's parent.
- As the host, you may receive complimentary meals (paid for by the coaching staff) when you accompany the recruit for a meal at a restaurant facility. No other student-athletes may receive the complimentary meal other than you as the host.
- You may receive as the host, a complimentary admission to a home athletics event when accompanying the prospect.
- Do not allow any contact or conversation on or off the STJ campus between a booster of STJ and the recruit.
- The recruit can participate in recreational activities or physical workouts provided it is VOLUNTARY. These activities cannot be organized or observed by an STJ coach and the student-athlete cannot be required to report back information to the coach regarding the workout.
- Adhere to the curfew time designated by the head coach as indicated on the official visit itinerary.
- Adhere to the rules outlined in the student-athlete host instructions provided to you from your coach/and or the Athletic Business Affairs Office at the time you picked up the student host money prior to the official visit.

HOST MONEY
- Keep all receipts for items purchased using the host money.
- No cash (host money) may be given to the recruit or anyone else.
- You as the host are responsible for the cash (host money) for the duration of the visit.
- Entertainment may include activities such as going to the movies, bowling, mini-golf.
- Entertainment activities and the use of host money are strictly not allowed for adult entertainment venues, bars & nightclubs; gambling, alcohol or drug activities are also strictly prohibited.
- Host money cannot be used to purchase gifts/souvenirs for the prospect (clothing, key chains...etc)
- You may not exceed the allotted host money; you may NOT use your own money during a visit and the recruit may not use personal money during the visit for planned entertainment purposes.
- You may not use a vehicle provided or arranged by an STJ staff member or STJ booster to transport the recruit during the visit.

AFTER THE VISIT
- The day after the visit return all receipts for the host money and any unused cash to the Athletic Business Office.
- Failure to return receipts and unused cash will result in the student-athlete not serving as a host in the future.
CAMPUS MINISTRY

Overview
Campus Ministry in Athletics is people and programs and, most importantly, a presence within the department and the lives of the student-athletes. College is a time when you will be faced with many choices - personally, socially, spiritually and professionally. You don’t have to face those choices alone. There are Campus Ministers present and available to serve as guides for the student athletes in all aspects of their lives.

Campus Ministry welcomes student athletes of all religious traditions while at the same time encouraging our Catholic students to deepen their Catholic identity and to become active participants. As a community of faith, service and friends, Campus Ministry takes seriously its unique role in expressing St. John’s distinctive Catholic and Vincentian identity as embodied in the University’s mission.

St. John’s is Vincentian in tradition and because of this we seek to instill in all of our student-athletes a deep concern for the rights and dignity of every person, especially the poor and most vulnerable. Many Campus Ministry programs offer a hands-on approach through volunteering one’s time, energy and talent. Campus ministers are excellent resource people and are always available for any type of counseling, spiritual guidance, supportive service or referral information. We are available in the Residence Halls and live in community with our resident student athletes. We also travel with the athletic teams to various away competitions. We seek to be a pastoral, supportive presence with our students on the journey through St. John’s that leads to personal, spiritual and professional growth.

Campus Ministry in Athletics welcomes everyone of all faiths and invites ALL to be a part of our community!

Programming

TEAM Service
- St. Nick’s Men’s Shelter is the project that St. John’s athletes embrace during the school year. Teams share companionship and develop relationships with those less fortunate or those in need of a friend.
- St. John's athletic teams donate their time by serving food to the poor at The St. John's Bread and Life Soup Kitchen and reaching out to the community in the Sponsor-a-Family program by bagging toys and food to those less fortunate during the holiday season.
- Teams also take part in individual volunteer opportunities throughout the year at children’s hospitals, Ronald McDonald House, nursing homes, local schools and participating in Midnight Run Community mayor.

Programs for building Leadership
- VITAL (The Vincentian Initiative to Advance Leadership)

VITAL (The Vincentian Initiative to Advance Leadership) is "a leadership program based on service, spirituality and values." VITAL goals were to bring together the best of the leadership training models and give students the opportunity to experience challenging programs around diversity and having their values inform their choices.

Students are given the chance to experience these leadership training opportunities and structured experiences in the context of a group where there is great trust and support. The students have built-in mentors in the campus ministers who help shepherd them through these experiences.
The VITAL program has grown steadily throughout the University. Each year has a specific goal, and there are programs and discussions geared toward students and where they are at in their faith journey. In an effort to enhance leadership development with our student-athletes, the Athletic Department in collaboration with Campus Ministry has encouraged each of our athletic teams to be represented in VITAL.

**Faith Formation**
- **Mass:**
  - Week day masses are at 8:00am and 12:15pm
  - Sunday masses are at 11:00am and 5:30pm
    - These are student masses where students come together each Sunday evening to celebrate the Eucharist with the student choir and participate in the ministries, altar server, lector, and Eucharistic minister, of the mass
- The Athletic Department participates in the Opening School Mass at the start of each academic year with student-athletes being recognized for their leadership. The Athletic Department also concludes each year with a Mass preceding the awards dinner. Individual teams are encouraged to celebrate mass at the start of their athletic season of competition.

**Contact**
Fr. Richard Rock, C.M.
Campus Minister for Athletics
718-990-2534
rockr@stjohns.edu

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**STUDENT DEVELOPMENT FOR ATHLETES**

Student-athletes face a unique set of challenges and circumstances as they participate in Division I intercollegiate athletics. In addition to the enormous investment of time and energy, each student-athlete must adhere to strict NCAA guidelines regarding academic eligibility while balancing their athletic and academic pursuits. The Division of Academic Support Services, in collaboration with the Department of Athletics, has developed a comprehensive support and resource program to help maintain this balance. The Student Development for Athletes program provides a wide range of services from the recruiting stage through graduation. The program focuses on five key areas: academic support, career development, personal development, leadership development and community service.

**STUDENT DEVELOPMENT TEAM:**

- Dr. Nancy S. Kaplan, Associate Provost for Academic Support Services: x1672
- Eric Rienecker, Associate Athletics Director for Student Services: x5687
- Raymond Howell, Associate Director, Academic Support for Student Athletes: x1459
- Alexandra Parise, Assistant Director, Academic Support for Student Athletes: x5546
- Frank Peluso, Assistant Director, Academic Support for Student Athletes: x6736
- Fr. Richard Rock, C.M., Campus Minister for Athletics: x2534
- Mark Armiento, Sports Psychology & Counseling Consultant: x3025

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NATIONAL RECOGNITION:

Over the past 16 years the Student Development for Athletes program has received national recognition as a “Best Practice” from three different organizations. First in 2005, St. John’s University was one of five institutions nationally to receive the National Basketball Association’s Player Development Service Award. The award sponsored by the NBA recognized programs and individuals who provided innovative educational programming and support services. In 2008, the Student Development for Athletes program was recognized by the National Academic Advising Association (NACADA) as an exemplary practice for its holistic approach to meeting the needs of the student-athlete population. NACADA showcased the Student Development for Athletes program in a Best Practice Monograph entitled Advising Student-Athletes: A collaborative Approach to Success, published in 2008. Finally in 2012, the National Association of Academic Advisors for Athletics (N4A) recognized the Student Development for Athletes Program by presenting the university with the N4A Model Practice Award. The award is given annually to the university or college that displays best practices in academic programming for student-athletes. St. John’s received commendation for its Faculty Engagement Program creating ways for faculty members to become more familiar with the student-athlete experience at the University.

STUDENT-ATHLETE CENTER FOR EXCELLENCE:

The Student-Athlete Center for Excellence opened in August 2007. Located in Carnesecca Arena, the area serves as the home for the Student Development for Athletes program. The study center which is convenient and easily accessible, provides a 54 seat study space for all student-athletes, and was recently renamed in honor of Solly Walker, the first African-American to play collegiate basketball at St. John’s University.

The Student-Athlete Center for Excellence also houses four private tutoring rooms, meeting space for leadership groups and special events, and an area to facilitate small study groups and review sessions. The Solly Walker Academic Study Hall is open from 9am-10pm to accommodate the needs of the student-athletes and their demanding academic and athletic schedules. The center also houses all services related to academic support, leadership development, sport psychology, counseling services and the Campus Minister for Athletics.

ACADEMIC SUPPORT:

The Academic Support program assigns each varsity team an athletic academic advisor. This advisor serves as a key contact for student-athletes seeking academic assistance and helps the student-athletes navigate the academic community. Utilizing the Developmental Advising Model, the academic support staff creates an individualized educational plan based on each student’s strengths and weaknesses. Advisors are in regular contact with instructors through progress reports, early alerts, phone calls and e-mails. This information is used as a source of intervention to identify problem areas and make necessary recommendations for improvement. The athletic academic advisor works closely with their assigned students to monitor their academic progress throughout the semester.
On Feb 12th, 2019 Student Development for Athletes recognized student-athletes during half-time of a Men’s Basketball game. Recipients were named to the BIG EAST/ECAC All-Academic Team for earning a 3.0 GPA during the academic year.

THE SOLLY WALKER STUDY CENTER:
The study center program provides a managed study environment. The program balances the need for structure and the student-athlete having to take responsibility for his/her own work. Each student-athlete is responsible for a minimum of 6 hours of monitored study per week. Students are required to use their Red Storm Identification card to swipe in and out of the Study Center. Hours are recorded using a tracking system throughout campus. There are a number of options available for these hours to be completed. We encourage our student-athletes to utilize the resources available to them on campus in order to individualize their educational plans. Students can accumulate hours by attending study center or by meeting with a tutor, going to the Writing Center, attending Professor’s office hours, attending review sessions, or attending study groups facilitated by the academic support staff.

What to do in Study Hall when you: “Don’t have anything to do”
1. Re-write or re-type your notes
2. Read ahead in your textbook
3. Create a study guide for your next test/quiz
4. Make an outline from your notes of the main ideas from class
5. Create a timeline of important dates, assignments or events coming up and write them into your planner
6. Make flashcards or note cards for studying
7. Plan out your week and set goals you want to achieve
8. Organize your game book or planner
9. Review your course web pages and re-read course syllabi
10. E-mail your Professors and set up appointments to meet with them in their office hours

**TUTORING:**
Student Development’s Tutoring Program is certified by the College Reading and Learning Association as an International Tutoring Program. The Program provides supplemental support at untraditional times conducive to athletes’ demanding schedules. The following services are provided during weekday, weekend and evening hours: peer tutoring by undergraduate students who have already successfully completed the course, academic coaches who provide assistance with developing effective learning strategies. Study groups/review sessions for traditionally difficult courses are also offered and are usually facilitated by a graduate student or by a Professor. Student-athletes interested in requesting a tutor should see their athletic academic advisor as soon as possible.

**ACADEMIC COACHES:**
Academic Coaching sessions are designed for students in need of extra assistance in developing effective learning strategies. Whereas tutoring sessions are subject-specific, academic coaching sessions also include overarching issues such as time management, study skills, procrastination, reading comprehension, etc.

**TEAMWORKS APPLICATION:**
Teamworks is a communications app that the athletic department utilizes as a way to organize all the moving parts that occur every single day in the life of a student-athlete. (classes, tutoring, practices, travel, lift, team meetings) –anything that a student-athlete wants/needs to be on their schedule, can be placed on their schedule. Teamworks also has a messaging platform where coaches, staff, and advisors can reach out to student-athletes. The whole concept of Teamworks is to make sure everyone is connected to what is going on throughout athletics, both on and off campus. If you need assistance with Teamworks, or just need help logging in, please reach out to Frank Peluso, Assistant Director of Academic Support, (pelusof@stjohns.edu, Ext. 6735)

**LEADERSHIP DEVELOPMENT:**
Numerous leadership opportunities exist for student-athletes at St. John’s, ranging from team and campus positions to national leadership involvement. Student Development for Athletes works with each team to help develop programs to enhance leadership development, including the selection and training of Student-Athlete Orientation Leaders, Wellness Peer Educators, individualized team workshops and Community Service Coordinators. The most prominent student-athlete leadership organization is the Student Athlete Advisory Committee (SAAC). SAAC is a nationally-recognized student-athlete leadership organization, sponsored by the NCAA. Campus SAAC groups serve as the “voice” for student-athletes in fostering communication with administration, addressing concerns/issues across teams, providing feedback on relevant policies, and promoting a positive student-athlete image on campus. This group then selects an Executive Board to lead the organization and serve as the student-athlete voice for the campus.

**STUDENT DEVELOPMENT 101 (SD 101)**
In an effort to educate student-athletes in the early stages of their collegiate career, first-year student-athletes are required to participate in Student Development 101. Student Development 101 is conducted through small group discussions led by trained upper-class student-athlete peer educators. The Purpose of this program is to assist student-athletes in making a successful transition to college. Listed below are common topics covered within the Student Development 101 program during the fall semester.
• Setting Goals
• Time Management & Class Etiquette
• Alcohol & Drug Use Prevention
• Values, Ethics, Morals in Decision Making
• Diversity and Athletics
• Financial Education
• Managing Stress & High Expectations
• Civility in Sports
• Leadership Development
• Healthy Relationships

CAREER DEVELOPMENT:
The Career Development Program provides personalized assistance to student-athletes throughout their four years at St. John’s University. By attending workshops and one-on-one meetings with a Career Counselor, our student-athletes gain the skills necessary to make appropriate career decisions whether they are trying to pick a major or evaluate various job offers upon graduation. Student-athletes learn the important skills necessary to succeed in today’s competitive job market including creating a game plan for reaching career goals, writing an effective resume and cover letter, and making a positive impression on potential employers when networking and interviewing.

PERSONAL DEVELOPMENT
The personal development commitment builds a foundation for a well-balanced lifestyle for student-athletes, encouraging emotional well-being, personal growth and effective decision-making skills.

LIFE BALANCE PROGRAM:
Ordinary pressures of daily collegiate life, involving academic and athletic expectations, have been found to lead to various student-athlete health concerns, including depression, anxiety, substance abuse, sleep and eating disorders, athletic performance issues, and relationship difficulties. Although most of these concerns are treatable, many student-athletes do not recognize that they have problems, and do not seek the help they need.

The American College Health Association (2004) reported that out of the 47,000 students surveyed:
- 94% felt “overwhelmed” at times
- 63% felt “hopeless” at times
- 45% depressed to the point of having trouble functioning
- 10% seriously considered harming themselves

The Life Balance program aims to inspire student-athletes with a vision of personal wellness, valuing the importance of energy management: (physical, emotional, mental, interpersonal, and spiritual) as the key
to ultimate health, peak performance and true life balance.

Every student-athlete has the opportunity to attend Life Balance team seminars and individual counseling sessions with a licensed therapist and sports psychology consultant.

**NUTRITION PROGRAM:**

College athletes face many challenges unique to their sports and to the college environment. Balancing classes and study hall, workouts and games, eating and sleeping, and a social life can be a challenge! Sports nutrition presentations are offered to each Red Storm sports team and their coaches to provide a key nutritional issues specific to sport. One-on-one nutrition counseling is made available to all student-athletes. Nutrition newsletters are provided throughout the year to reinforce proper nutrition and hydration. Want more follow on twitter @StJohnsSportsRD

**COMMUNITY SERVICE:**

It is important student-athletes at St. John’s University develop an understanding and appreciation for the Vincentian mission of the institution. Each member of the Student Development for Athletes team encourages student-athletes to put their knowledge of the Vincentian mission into action through community service activities. Each team is provided with opportunities to perform community service throughout the year as a group or on an individual basis. St. John’s University student-athletes consistently provide over 2,000 hours of community service during the academic year. The Institute for Sport and Social Justice recognized St. John’s student-athletes for the past five years for their outstanding community service efforts.

Typical service projects include the Annual Athletics Blood Drive, University Service Day, Light it Up Blue for Autism Awareness, Relay for Life, Midnight Runs and St. Nick’s Men’s Shelter

**Academic Integrity of the Athletics Program**

The Faculty Athletics Representative (FAR) is involved in the assurance of the academic integrity of the athletics program and in the maintenance of the welfare of the student-athlete. In the role:

1. Reviews academic credentials of students athletes, monitors continuing eligibility and transfer eligibility of student-athlete, and the rates at which athletes graduate. Meets regularly with the Provost to review academic issues.
2. Meets regularly with academic support staff to review academic well-being of athletes. Participates in any special or unusual deliberations of academic performance of athletes.
3. Reports periodically to the University Administration/Dean’s Offices - this report includes information on the academic well-being of athletes as well as other matters concerning the operation of the athletics program.
4. Coordinates the nomination process for all academic awards and scholarships for St. John’s University, BIGEAST and NCAA. Namely, The NCAA Postgraduate Scholarship for Football - late September, Basketball - late January, and all other sports - men and women - late March. The Walter Byers Postgraduate Scholarship, one male and one female student-athlete, annually.
BIGEAST Scholar Athlete Award men and women - April. The Academic All-BIGEAST Honor Roll for each sport, men and women - September through May.

5. Ensures that academic services such as tutorials, study halls, academic advising and other services are available to student-athletes.

**Senior Faculty Advisor On Athletics To The Chief Executive Officer**

Provides advice to the chief executive officer that reflects the traditional values of the faculty and which is rooted in the academic ethic of the institution. This is accomplished through:

1. Study and knowledge of the athletics program.
2. Review of all published material of NCAA and BIGEAST concerning structure, rules and regulations and program philosophy and practices.

**Meets Regularly With The Director of Athletics**

The working relationship between the Faculty Athletics Representative and Director of Athletics is extremely important. Regular interaction is necessary, through wide-ranging discussions of all aspects of the athletics program.

1. Regular meetings are conducted to assure communication between the FAR and Athletics Director.
2. Regular telephone conversation allows for advice and information to be shared concerning any issue related to the program and/or matters pertaining to athletes. Copies of all letters composed by the FAR are forwarded to the President and Athletics Director.
3. At the request of the Athletics Director the FAR serves on many of the departmental ad hoc committees.
4. Personnel matters and other confidential matters pertaining to athletes are discussed between the Athletics Director, FAR and President.
5. Open and complete lines of communication make for an excellent working relationship between the Board of Athletic Control and the Athletics Director's office.

**Delegate To The NCAA Convention, BIGEAST Meeting and SJU Athletics Meetings.**

When available, represents the institution as a delegate to the annual NCAA Conventions and attends special meetings of the NCAA. Preparation for these events includes:

1. Meetings with Athletics Director, President, and Senior Woman Administrator to discuss proposed legislation and the institution's position on the legislation.
2. Meetings with other units such as registrar, financial aid and admissions for the same purpose. Reviews with the Board of Athletic Control to review legislation and encourages feedback during the process.
3. Attends meetings of all FAR's of BIGEAST schools in fall and spring. Attends the National meeting of FAR's in Nov. to participate in a comprehensive review of all proposed legislation with special emphasis on legislation concerning academics and student-welfare issues.

**Student Athlete Welfare, Access and Equity**

Monitoring and maintenance of the welfare of the student athlete:
1. Assures a process whereby athletes can evaluate their athletic, academic and social opportunities at St. John’s University.
2. Monitors the activity of the student-athletes advisory committee and assures a process whereby the athlete may voice concerns and raise welfare issues.
3. Attends intercollegiate athletics events.

**Institutional Compliance With NCAA Regulations**
Exercise meaningful oversight of those aspects of the athletics program that interact with other offices and departments on the campus (e.g., admissions, financial aid).

1. Monitors the effectiveness of the compliance practices of the Athletics Department.
2. Active in rules-education efforts and aware of all rules violations that are detected and reported. Monitors the process and procedure utilized in certifying the student-athletes as eligible for practice, financial-aid and completion.

**SPORTS MEDICINE**
The St. John’s University Sports Medicine program employs full time Certified Athletic Trainers and part time Graduate Assistant Athletic Trainers to provide care for our 17 athletic teams.

These individuals are responsible for pre-participation screenings, treatment and rehabilitation of injuries, and athletic training coverage of team practices and competitions. The Sports Medicine staff is also responsible for administering the Drug Education and testing program for the St. John’s University athletic department as outlined in the “Drug Testing Policy” section of this handbook and in the information you receive at the beginning of the academic year.

In order to receive medical clearance to participate in your sport, you must have:

1. Completed the Medical History forms sent to you by the University.
2. Completion of health insurance forms and proof of current health insurance (photo copies of insurance cards).
3. Completion of the University Physical Examination completed by your family physician.
4. Completion of an Assignment of Risk form.
5. Completion of a HIPAA Medical release form.
6. Completion of NCAA Drug Test Medical Exemptions for ADD/ADHD Medicine
7. Completion of Sickle Cell Trait Waiver Form.
8. Completion by your physician of Meningitis & Immunization forms.
9. Completion of a Concussion Acknowledgement Form.

Student athletes who are taking medication for ADHD and related disorders MUST, by NCAA rules:

1. Provide documentation of the examination and testing by their personal physician
2. Documentation provided to our counseling center of the tests results
3. Clear written prescription of the medication, strength and dosage.

This must be done PRIOR to the first day of competition by our Compliance staff in athletics. If you are injured while participating in official team practices or in team competition, you should report to the
Sports Medicine facility on the court level of Carnesecca Arena.

It is critical that you have current insurance information on file with the Sports Medicine program, because in the event that you do sustain an injury serious enough to require medical tests, treatments or procedures outside of STJ, the Sports Medicine staff can make the necessary appointments.

The Sports Medicine staff must pre-approve and arrange any medical testing (X Rays, MRI, etc) and medical procedures (surgery) as well as referrals to other medical professionals. Once you have had tests or procedures performed, you must give to the Sports Medicine staff an explanation of benefits (EOB) from your private insurance company and all medical bills for medical care related to the injury.

It is student-athletes responsibility to report all injuries to the sport medicine staff. Student athletes are responsible to attend all rehabilitation sessions when injured.

STRENGTH & CONDITIONING

(I) PHILOSOPHY
The Strength and Conditioning Department designs programs specifically for each sport with an emphasis on strength, power, speed, agility, conditioning, flexibility, dynamic balance, coordination and sports nutrition. The primary goal is Performance Enhancement through Injury Prevention.

(II) POLICIES AND PROCEDURES
1) Compliance and Medical Clearances
   • Student-athletes must obtain clearance from Compliance and the Sports Medicine departments
   • A signed medical clearance form must be provided prior to the first team workout
   • NO student-athlete will be permitted to participate in any strength and conditioning practices or allowed to use the facilities without obtaining all the necessary clearances

2) Team/Athlete Orientation
   • At the start of the Fall semester, all varsity athletic teams/student-athletes will be required to participate in an orientation session with the Strength and Conditioning department.
   • The purpose of the orientation will be to:
     1. Introduce the Strength and Conditioning staff
     2. Discuss the policies and procedures of the Strength and Conditioning department
     3. Briefly discuss team programming, scheduling, and training technique
     4. Discuss facility rules and expectations

3) Rules and Expectations
   • Strength and Conditioning practice sessions:
     1. Have a Positive Mental Attitude – be willing to give the effort and intensity that is necessary to be a successful athlete
     2. To be on time is to be early. Lateness and/or absence will not be accepted
     3. Respect the people around you at all times
     4. Incoming freshmen, walk-on student-athletes may be required to participate in individual training sessions prior to participation in team workouts
   • Facility (3,000 sq. ft. training space):
     1. Follow the training schedule posted outside the facility
     2. All student-athletes must train during their assigned team workout sessions. The only exception would be a class conflict; whereby approval for an optional time must be obtained from one a strength coach and head coach
3. Any additional individual workouts must be done during open varsity hours
4. The facility must be supervised at all times by a member of the strength & conditioning staff or team coach
5. Respect and replace all equipment – Abuse of equipment will not be tolerated
6. Always work with a sense of purpose – No loitering or horseplay
7. No profanity
8. Proper dress attire:
   a) St. John’s varsity team t-shirt or sweat shirt, shorts or sweat pants and sneakers
   b) No cut off shirts, hats, or head gear of any kind
   c) ABSOLUTELY No other apparel is permitted anywhere in the facility - PRIDE
9. All personal belongings should be placed in your locker
10. No personal music players to be used in the weight room
11. No food or beverages...water only

• Disciplinary Guidelines:
  1. Failure to meet the above rules and expectations may lead to suspension or expulsion from the strength and conditioning program and/or the facilities.
  2. Specific disciplinary actions will be determined by the director of strength and conditioning and team head coach

• Equipment Usage:
  1. All equipment must remain in the facility unless otherwise authorized by a member of the strength and conditioning staff.

**EQUIPMENT ROOM**

All Equipment is the property of St. John’s University and may not be retained by student-athletes unless permitted by NCAA rules and specifically issued by the Equipment room staff.

**GENERAL POLICIES**

- All Under Armour apparel and footwear issued by the Equipment staff must be worn for all practices and competitions (medical exceptions approved by Sports Medicine department may be permissible). Non-compliance with this policy will result in eligibility complications.
- Student athletes are not allowed in the equipment room unless authorized by equipment room personnel. All Under Armour apparel and footwear will be issued and returned in accordance with University and NCAA protocol. Student athletes will not be issued additional equipment or apparel without prior approval from coaching staff and/or equipment room staff.
- Student-athletes are responsible for taking care of and monitoring all equipment, including practice and game gear. Lockers are assigned by Equipment room personal on a yearly basis and it is the responsibility of the athlete to maintain their locker and notify the Equipment room of any issues. Equipment room staff is not responsible for stolen or lost gear.
- Student-athletes will not be issued any equipment/footwear or apparel until they are cleared by Compliance and Sports Medicine to practice or compete.
- Equipment hours will be posted in front of the equipment room each year.
MEDIA GUIDELINES

OVERVIEW
St. John’s student-athletes benefit from tremendous local and national media exposure. Therefore, it is important to understand the media, the value of positive media relations and how best to deal with the media. These pages give you a quick overview of how to deal with the media.

The St. John’s Athletic Communications office serves as your primary contact when dealing with the media. Each team is assigned a representative in the Athletic Communications office to help you with interviews and all other media concerns. You can contact the Athletic Communications office by calling 718-990-1520 or by visiting Carnesecca Arena Room 157.

MEDIA RELATIONS
Throughout the entire academic year, (and even during the summer on occasion), the media – both local and national – actively cover St. John’s athletic programs through newspapers, magazines, television, internet and radio. Good relations with the media both at home and on the road are essential to maintaining and improving the image of the team and all those associated with it. If the media is to respect our program, including student-athletes and coaches, the team must reciprocate the same respect. The media require the cooperation of all student-athletes and other team personnel in order to satisfy their responsibilities to their readers, listeners and viewers. Equally, the program needs the media so that both team and individual accomplishments will be described accurately and fully.

SETTING UP INTERVIEWS
NO MEMBER OF THE MEDIA IS TO CONTACT YOU AT HOME OR ON YOUR MOBILE PHONE! If this happens, let us know and we will speak with the media member and remind them of our policies. For any interview, including over the phone, the media is to contact the Athletic Communications office to request the interview. REMEMBER, you’ll know in advance from us before an interview. That way there are no surprises and we can make sure all interviews are legit.

INTERVIEWS
St. John’s student-athletes are required to make themselves available for media interviews, provided they do not conflict with your class schedule, practice schedule or study hall. Student-athletes may be asked to participate in media interviews before and/or after practice upon request.
FOUR WAYS TO ANSWER INTERVIEW QUESTIONS
1. Directly and immediately (yes or no and why).
2. After taking time to think.
3. Not at all (but you must explain why, as in “I don’t know the answer” or “That’s personal”).
4. Don’t answer the question as asked (if the question is negative, bridge to a positive answer).

INTERVIEW TIPS
• Only do interviews that have been arranged by the Athletic Communications Office.
• Anticipate tough questions beforehand and think before you speak. A good way to do this is to ask your SID/coach about possible questions or situations before you do the interview. Also remember, you don’t have to answer every question.
• Remember your audience. You are not only talking to the reporter, but to the fans, alumni, students and boosters that will read the article or hear/see the interview.
• Speak in short, simple sentences.
• If you don’t want to see it published, don’t say it!
• Take pride in your appearance, your program and your school.

10 MEDIA INTERVIEW DO’S
1. Be positive and enthusiastic.
2. Praise your teammates and coaches.
3. PRONOUNCE your words and talk in succinct sound bites.
4. Demonstrate good posture and smile.
5. Be available and cooperative.
6. Credit your opponent in wins and losses.
7. Be polite in difficult situations.
8. Say thank you at the end.
9. Dress appropriately (St. John’s gear).
10. Be on time.

10 MEDIA INTERVIEW DON’T’S
1. Don’t be negative
2. Don’t blame your coaches or team.
3. Don’t use slang.
4. Don’t hide.
5. Don’t lose your cool.
6. Don’t say “No Comment” or “Off the Record”
7. Don’t be sarcastic. Sarcasm doesn’t show in print.
8. Don’t forget you are always “on.”
9. Don’t talk about the officials.
10. Don’t be late.

SOCIAL MEDIA
Social media can be a useful tool if it is used in a responsible manner. Please remember St. John’s student-athletes are highly visible in the public view representing the University, the athletic department and their respective teams at all times. Use discretion when posting content to social media platforms and do not post anything that would embarrass St. John’s, your team or your family.

As an institution rooted deeply in Vincentian values, we encourage unmitigated freedom of thought and
expression by our student-athletes. Keep in mind that your opinions will not be shared by all on social media. As a public figure, you may be confronted with negative responses. If you do not want to deal with backlash regarding a hot-button issue, do not post. While the best practice is always to ignore vitriol and hate, make sure that you are able to thoughtfully and adequately express the basis behind your opinions.

SOCIAL MEDIA TIPS
- After composing a post, but before you hit send, ask yourself: “Would I be comfortable saying this in front of my parents, my grandmother, my pastor?” If the answer is no, discard it. This also goes for likes and/or retweets, as they are public.
- Don’t use social media as an outlet to complain about how rough your life is. While we understand your sacrifices and hard work, many see you simply as getting a college education, traveling to interesting places, getting free athletic apparel and more. Don’t provide fuel for their ignorance.
- If you wouldn’t say something in a media interview, don’t post it. You’re being naive if you think the media isn’t keeping an eye on your social media feeds (and locking your account is not a failsafe way of ensuring only your friends are following you).
- Don’t post after a tough loss. You pour your heart and soul into training to become a champion, and losses are emotionally draining. Sleep on it. Your followers will still be there tomorrow.
- There are many other teams and student-athletes at your school. Take the time to give them a shout-out on social media when they do big things. Ultimately, you’re all on the same team.
- Don’t post during class. That’s like disrespecting someone (in this case, your professor) behind their back. And always be mindful that your professors may be monitoring your social media accounts.
- It’s ok to post once about a great dinner you had at a restaurant. But multiple mentions of the same business could be considered an endorsement, which is impermissible according to NCAA legislation.
- Your athletic compliance office is monitoring your social media accounts. The NCAA has acknowledged that it monitors student-athlete activity on social media as well. Every post is stored in the Library of Congress’ database forever!
- Don’t let these rules prevent you from enjoying your social media experience. It’s perfectly acceptable to show your personality and have fun – it’s encouraged. But like anything else, the key is to enjoy responsibly.

PUBLIC SAFETY

LIFE THREATENING EMERGENCIES PROCEDURES
1. Call 911
   - describe emergency
   - tell them your location
2. Notify Public Safety (718) 990-5252
3. If St. John’s intercollegiate sporting event
   - Notify Sports Medicine in Training Room at (718) 990-1880
Department of Public Safety
168-10 Goethals Avenue (ROTC Building)
Phone: (718) 990-6281
Emergency Number Ext. 5252

The following are other important university numbers:

**Phone Numbers Begin with 718-990 followed by the four-number extension**

<table>
<thead>
<tr>
<th>Office</th>
<th>Extension</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residence Life</td>
<td>2417</td>
</tr>
<tr>
<td>Student Life</td>
<td>6774</td>
</tr>
<tr>
<td>Counseling Center</td>
<td>6384</td>
</tr>
<tr>
<td>Student Wellness</td>
<td>6820</td>
</tr>
<tr>
<td>Health Services</td>
<td>6360</td>
</tr>
<tr>
<td>Campus Ministry</td>
<td>5058</td>
</tr>
<tr>
<td>Administration</td>
<td>6836</td>
</tr>
</tbody>
</table>

**Emergency Medical Situations**

For emergency medical situations call 911. In non-emergency medical situations during Health Service office hours, any individual involved in an emergency situation requiring medical assistance should notify the Health Office directly (Queens campus: ext. 6360), or notify Public Safety (Queens campus: ext. 5252), supplying as much information as possible about the situation. The Health Service Office is located in DaSilva Hall First Floor, room 129 on the Queens campus.

Health Service Office Hours
Mondays – Thursdays: 8:30 a.m. – 5 p.m.
Fridays: 8:30 a.m. – 3 p.m.